

NeoUp2

App-based follow-up care for premature babies and their parents

Study to identify psychological and somatic abnormalities



-health-supported aftercare with individualized stepped-care

Overall, my child was fine.

strongly disagree somewhat not true somewhat true strongly agree

1/42

Do not reply.

## **Aims**

- Evaluation of a participatory aftercare app with screening questions, information modules, messenger
- Interdisciplinary advice and diagnostics based on patient needs
- Early identification and prevention of psychological and somatic abnormalities
- Longitudinal survey of risk and protective factors

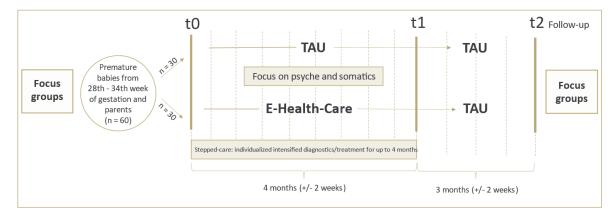


https://www.medizin.uni-tuebingen.de/go/neoup2



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# **Study Design**



## Kooperation

- Department of Psychiatry, Psychosomatics and Psychotherapy in Childhood and Adolescence (Prof. Dr. Annette Conzelmann, Annika K. Alt, JProf. Dr. Johanna Löchner, Prof. Dr. Tobias Renner)
- Neonatology (Prof. Dr. Axel Franz, Dr. Michaela Minarski, PD Dr. Mirja Quante)
- Neuropaediatrics (Dr. Andrea Bevot)
- Molecular Psychiatry (Prof. Dr. Vanessa Nieratschker)
- Information Technology (Dr. Heinrich Lautenbacher, Ursula Wörz)

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