

Friday, September 25, 2026 (Scientific Congress & Clinical Symposium)

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	Lecture Hall 1 (Main Hall)	Lecture Hall 2	Lecture Hall 3	Lecture Hall 4	Lecture Hall 5
08:00		Short Oral Presentations			
		OP-07	OP-08	OP-09	
		Metabolism	Sports Nutrition	Fitness, Exercise Training & Health	
09:15	Coffee Break				
09:30	<p style="text-align: center; margin: 0;">Exercise and training in cardio vascular disease</p> <p>H. Hanssen <i>Exercise in Prevention and Treatment of vascular Aging</i></p> <p>S. Wernhart <i>Exercise in Cardiomyopathies: Risk stratification and clinical decision-making</i></p> <p>R. Schoch <i>Determinants of exercise capacity in heart failure with preserved ejection fraction (Short Oral Presentation)</i></p> <p>C.I. Lang <i>Endurance exercise training before myocardial infarction reduces decline of myocardial function in aged mice (Short Oral Presentation)</i></p>				
10:45	Coffee Break				
11:00	<p style="text-align: center; margin: 0;">Femoroacetabular impingement (FAI) – threat for the hip of elite athletes</p> <p>K. Siebenrock <i>Why is the young hip at risk for developing FAI: etiology and pathomechanics</i></p> <p>K.-P. Günther <i>Clinical burden of FAI and current treatment alternatives</i></p> <p>L. Beringer <i>Real-time visualization and analysis of femoroacetabular impingement in elite badminton players using subject-specific anatomical–kinematic models (Short Oral Presentation)</i></p> <p>J.M. Tejada <i>Ultra-Low-Dose CT Enables Reliable Assessment of Morphological FAI Parameters with significant Radiation Dose Reduction (Short Oral Presentation)</i></p>				
12:15	Lunch Break				
13:15		Short Oral Presentations			
		OP-10	OP-11	OP-12	
		AI & DiGA's	Orthopedics	Sports Neurology & Psychiatry	
14:30	Coffee Break			14:30	START CLINICAL SYMPOSIUM
14:45	<p style="text-align: center; margin: 0;">Exercise is Medicine in Neurological Disorders</p> <p>U. Dalgas <i>Exercise is Medicine in Parkinsons disease and Multiple Sclerosis</i></p> <p>J. Ruas <i>Understanding the crosstalk between muscle function and mental health in Exercise Overtraining Syndrome</i></p>				<p style="text-align: center; margin: 0;">Sporternährung</p> <p style="text-align: center; margin: 5px 0 0 20px;">Positionspapiere der DGE</p> <p style="text-align: center; margin: 0 0 0 20px;">A. Carlsohn D. König</p>

<p>M. Kupjetz <i>Exercise-induced kynurenine pathway modulation in multiple sclerosis: multinational evidence from four randomized controlled trials</i> (Short Oral Presentation)</p> <p>F. Javelle <i>From Acute Inflammatory Responses to Long-Term Clinical Adaptations: High-Intensity Interval Training vs. Stretching Effects on Depressive Symptoms and the Kynurenine Pathway in Major Depressive Disorder</i> (Short Oral Presentation)</p>		15:30	<p>Sportorthopädie</p> <p>Unspezifische Rückenschmerzen im Sport <i>F. Mayer</i></p> <p>Die Rolle sportlicher Aktivitäten bei der Prävalenz von Rückenschmerzen bei Kindern und Jugendlichen <i>T. Wirth</i></p> <p>Return-to-play nach Operationen der Wirbelsäule im Sport <i>A. Disch</i></p>	
16:00	Coffee Break		16:30	Kaffeepause
16:15	<p>AI in Sports Medicine</p> <p>J. Kleesiek <i>AI in (Sports) Medicine</i></p> <p>S. Vieluf <i>AI supported cardiac screening in athletes</i></p> <p>A. Groll <i>Comparing Machine Learning and Conventional Statistical Approaches for Injury Prediction in Young Professional Soccer Players</i></p>		17:00 - 18:45	<p>Impulsvorträge & Podiumsdiskussion</p> <p>„Olympischer/Paralympischer Sport und Gesundheit: Ein Widerspruch?“</p> <p>u.a. mit A. Hirschmüller T. Mayer A. Thiel</p>
17:30			18:45	