



Chronisch entzündliche Darmerkrankungen

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Abteilung Innere Medizin I

Hepatologie, Gastroenterologie, Infektiologie

Chronisch entzündliche Darmerkrankungen und Infektionsmedizin

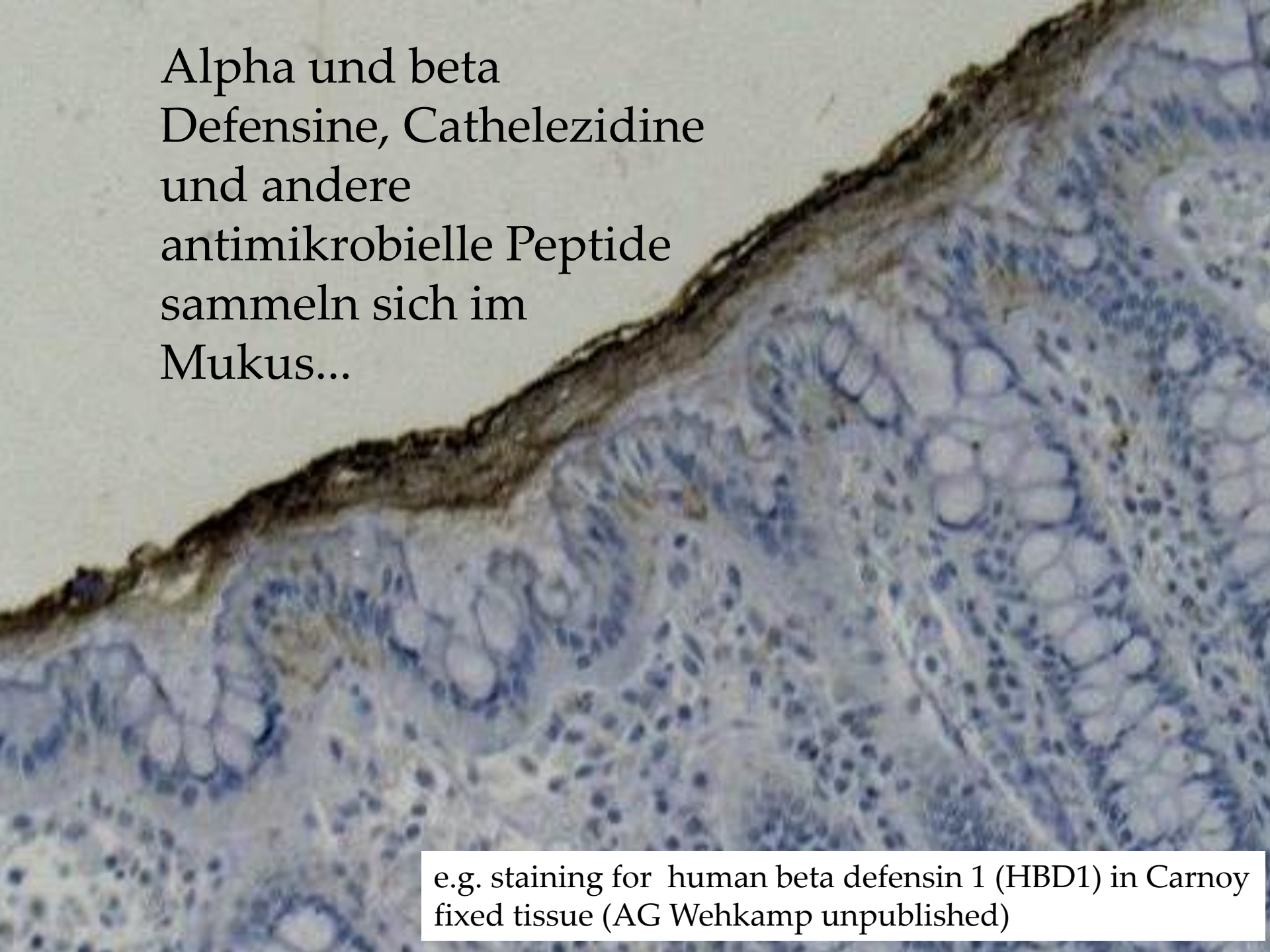
- ➔ Darmbarriere als „*first line of defense*“ gegen Darmmikrobiom
- ➔ Komplikationen von CED: Abszesse, Fisteln, Peritonitis, toxisches Megakolon
- ➔ Therapie im Spannungsfeld zwischen Immunsuppression und Infektion
- ➔ Therapie assoziierte infektiologische Komplikationen:
 - opportunistische Infektionen unter Mehrfachimmunsuppression
 - Reaktivierung latenter Infektionen (TBC, Hepatitis B)
- ➔ Komplikativer Verlauf: CMV-Colitis, Clostridium difficile Infektionen
- ➔ Probleme bei der initialen differentialdiagnostischen Abgrenzung:
 - Yersiniose, atypische Mykobakteriose, TBC, infektiöse Colitis, post-infektiöses Reizdarmsyndrom

Chronisch entzündliche Darmerkrankungen und Infektionsmedizin

Darmbarriere als „*first line of defense*“

- Pathophysiologische Bedeutung bei CED
- Therapeutische Implikationen bei CED

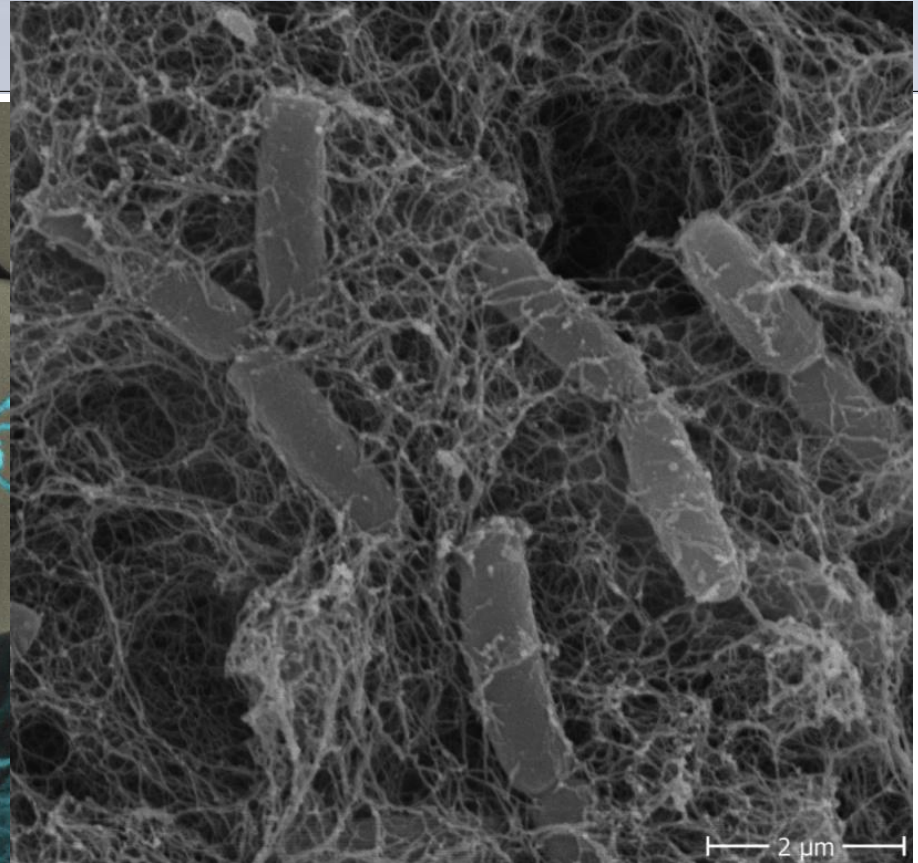
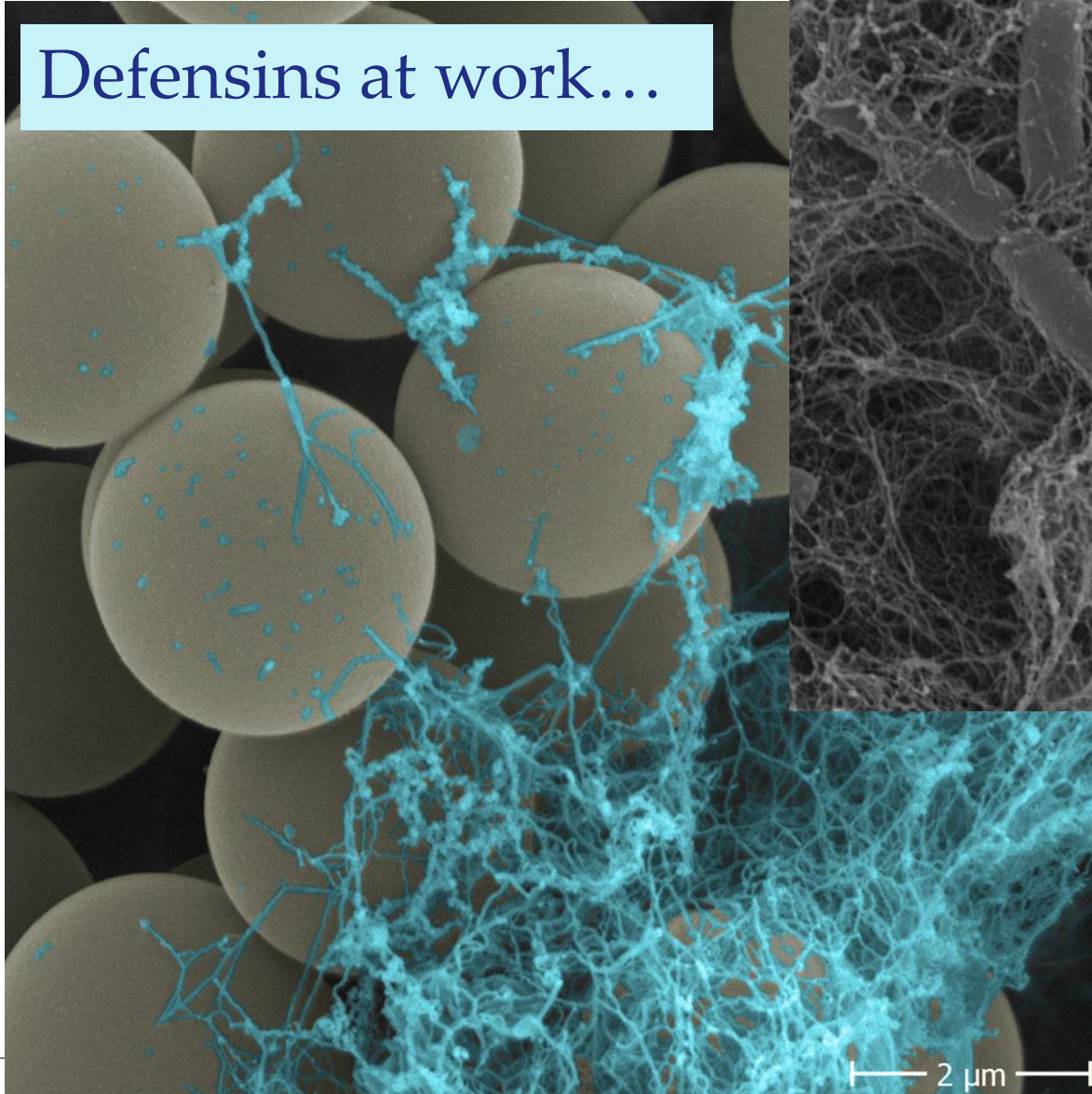
Alpha und beta
Defensine, Cathelicidine
und andere
antimikrobielle Peptide
sammeln sich im
Mucus...



e.g. staining for human beta defensin 1 (HBD1) in Carnoy
fixed tissue (AG Wehkamp unpublished)

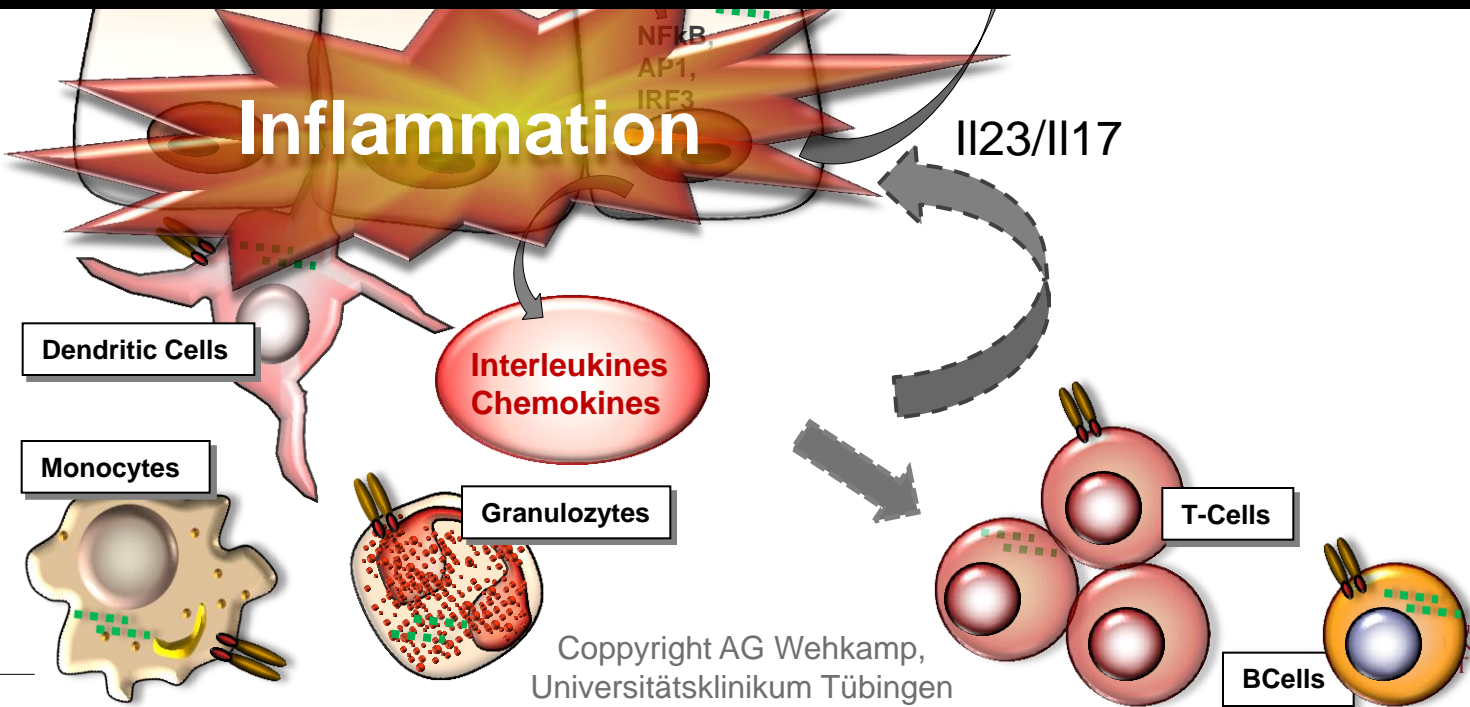
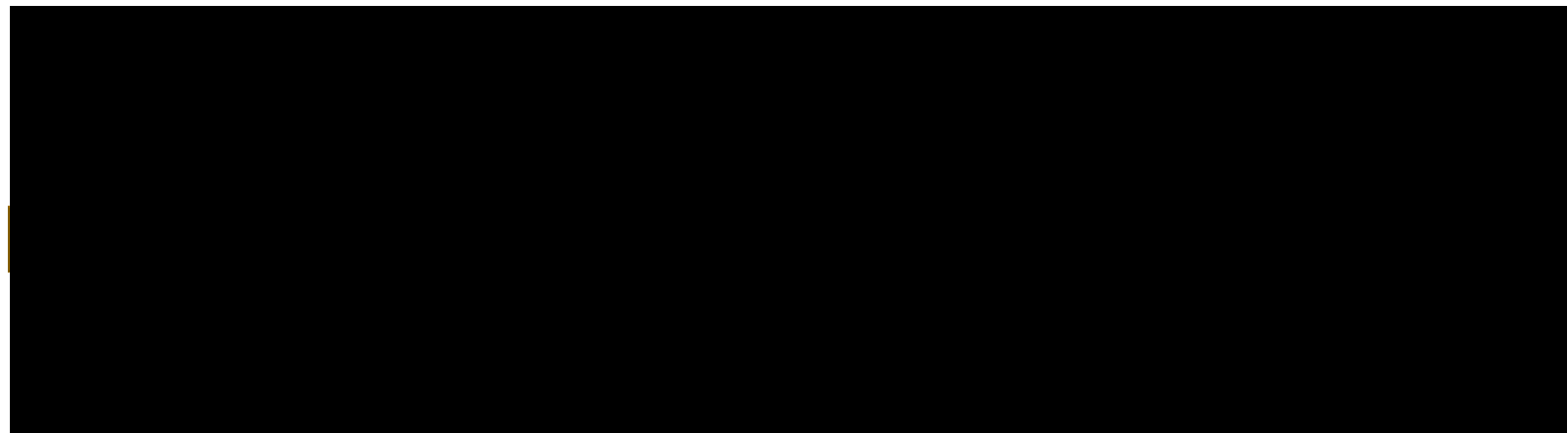
Understanding mechanism (s) of action of antimicrobial peptides: netting the enemy

Defensins at work...



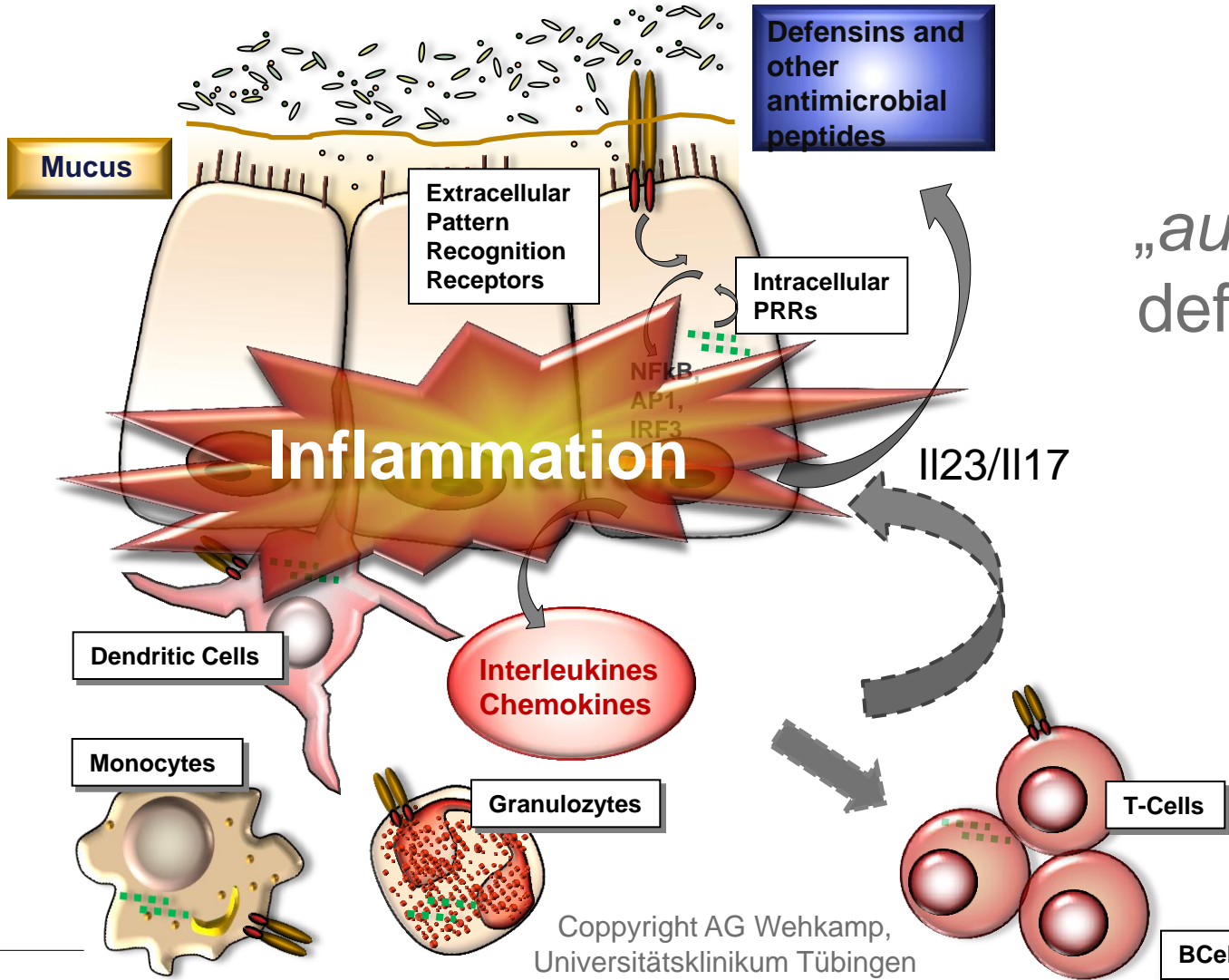
Raschig et al.
PloS Pathogens,
March 2017
modified Art version for
title illustration (left)

Paradigmenwechsel im Verständnis chronisch entzündlicher Darmerkrankungen



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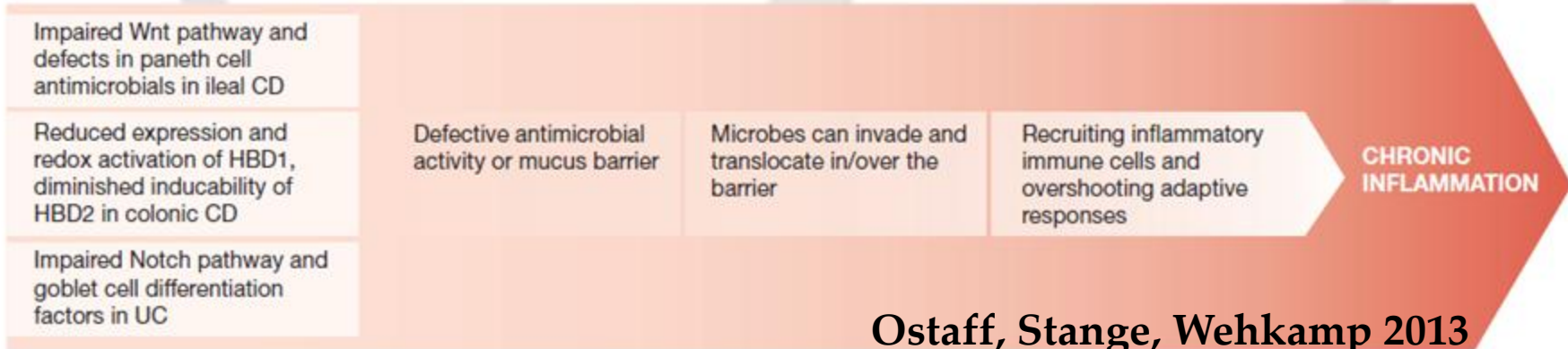
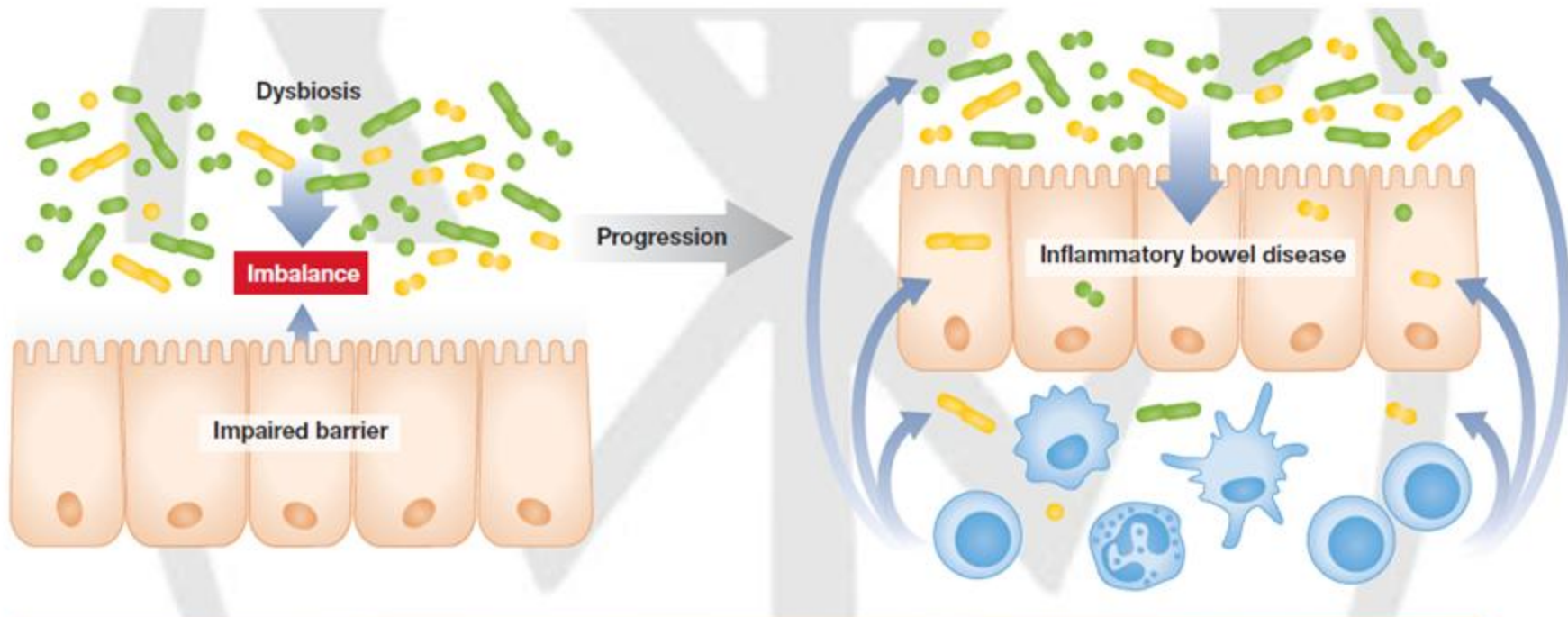
Paradigmenwechsel im Verständnis chronisch entzündlicher Darmerkrankungen



...from „*autoimmune*“ to defective barrier disease

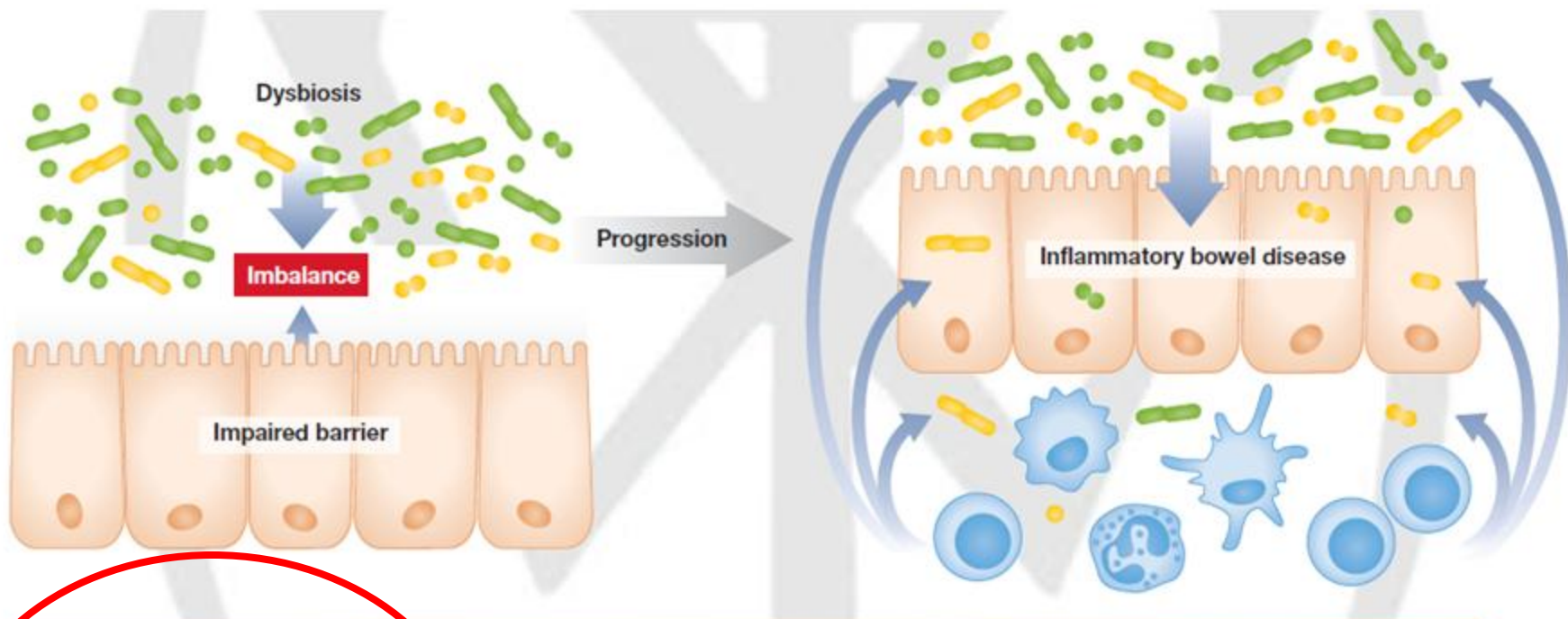
Intakte antimikrobielle Barriere schützt uns vor Entzündung und Tod

- Wandel der Krankheitskonzepte - Forschung am UKT



Intakte antimikrobielle Barriere schützt uns vor Entzündung und Tod

- Wandel der Krankheitskonzepte - Forschung am UKT



Impaired Wnt pathway and defects in paneth cell antimicrobials in ileal CD

Reduced expression and redox activation of HBD1, diminished inducibility of HBD2 in colonic CD

Impaired Notch pathway and goblet cell differentiation factors in UC

Defective antimicrobial activity or mucus barrier

Microbes can invade and translocate in/over the barrier

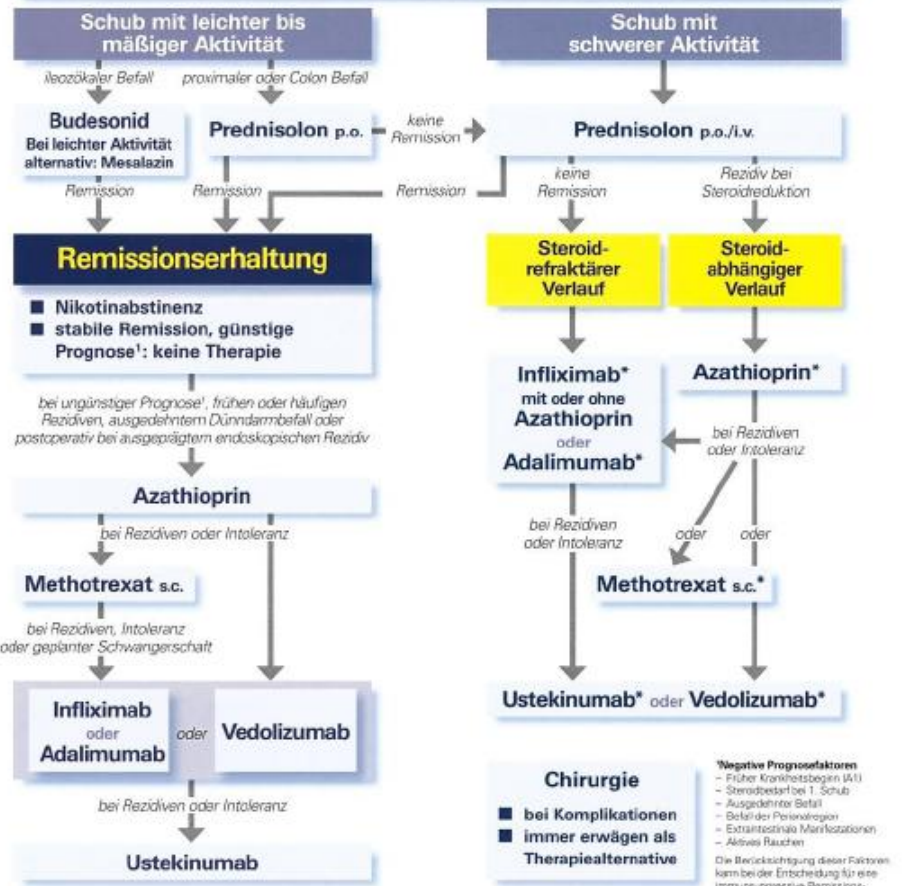
Recruiting inflammatory immune cells and overshooting adaptive responses

CHRONIC INFLAMMATION

Paradigmenwechsel im Verständnis chronisch entzündlicher Darmerkrankungen - Therapie?

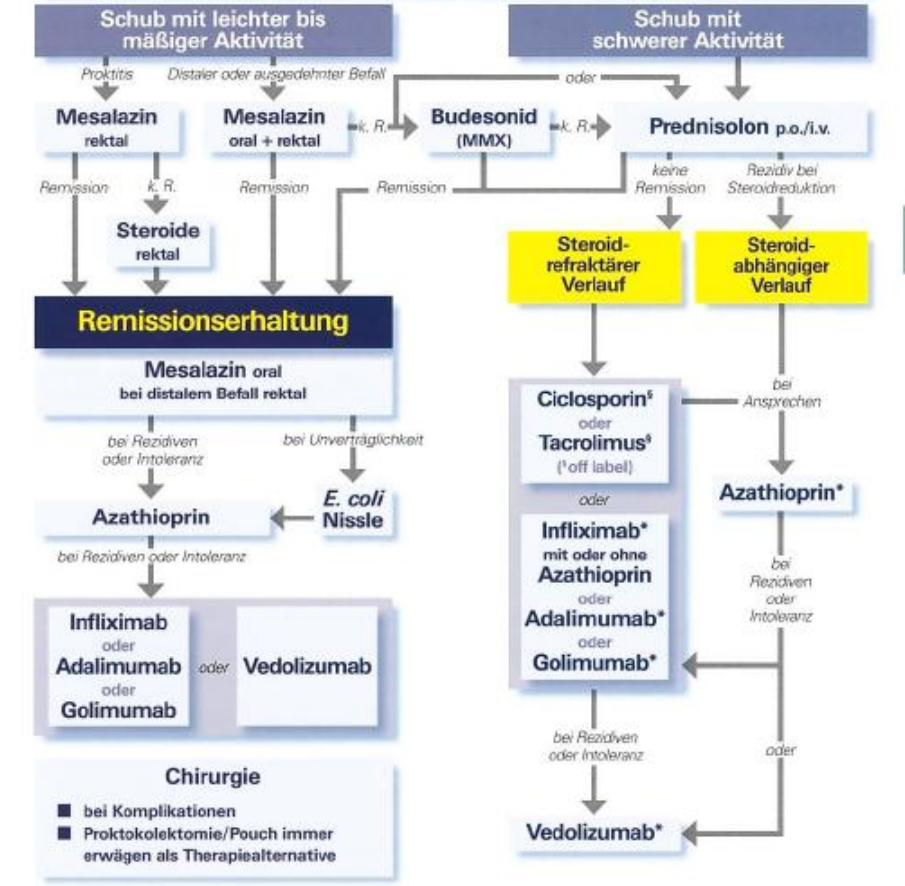
Morbus Crohn

Remissionsinduktion



Colitis ulcerosa

Remissionsinduktion



Negative Prognosefaktoren
 - Früher Krankheitsbeginn (AI)
 - Steroidbedarf bei 1. Schub
 - Ausgedehnter Befall
 - Befall der Perianalregion
 - Extraintestinale Manifestationen
 - Aktives Rauchen

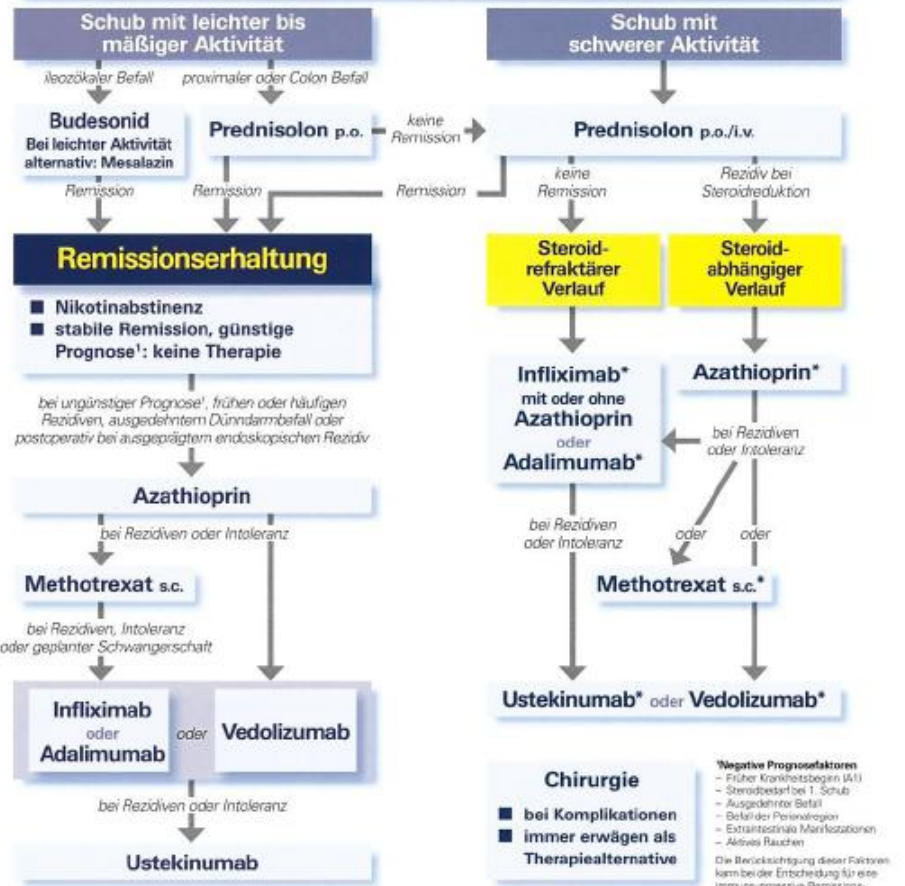
Die Berücksichtigung dieser Faktoren kann bei der Entscheidung für eine immunsuppressive Remissionserhaltung hilfreich sein. Allerdings rechtfertigt der einzelne Risikofaktor allein nicht in jedem Fall die Therapieerweiterung.

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Paradigmenwechsel im Verständnis chronisch entzündlicher Darmerkrankungen - Therapie?

Morbus Crohn

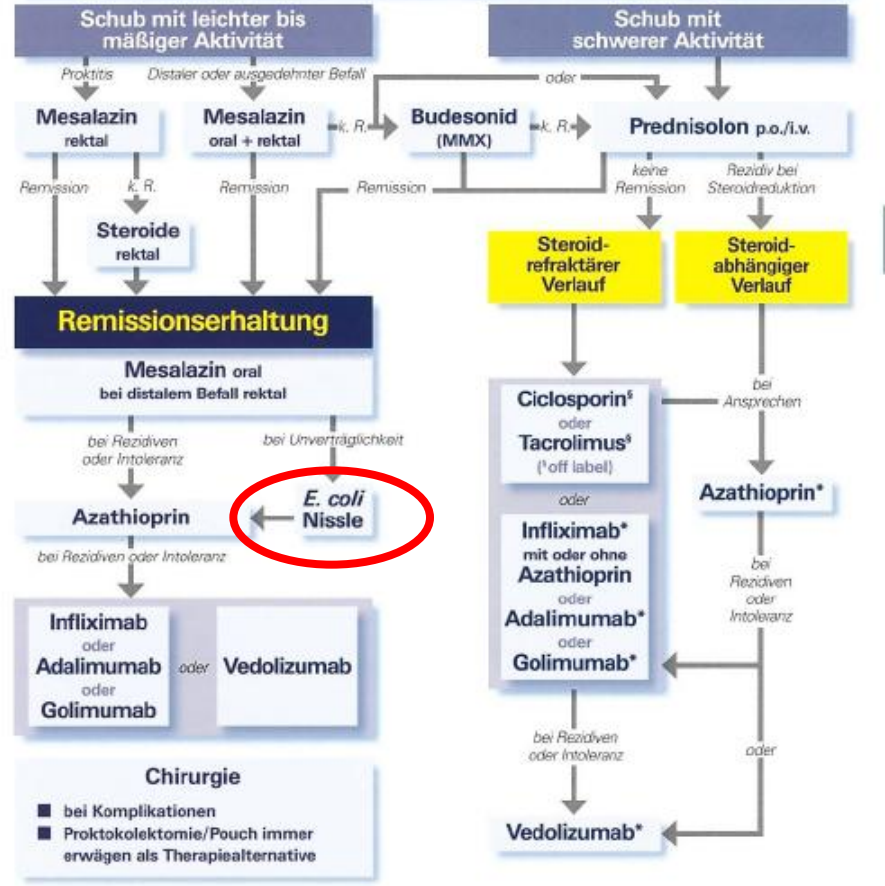
Remissionsinduktion



Negative Prognosefaktoren
 - Früher Krankheitsbeginn (AJI)
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 Die Berücksichtigung dieser Faktoren kann bei der Entscheidung für eine immunsuppressive Remissionserhaltung hilfreich sein. Allerdings rechtfertigt der einzelne Risikofaktor allein nicht in jedem Fall die Therapieerweiterung.

Colitis ulcerosa

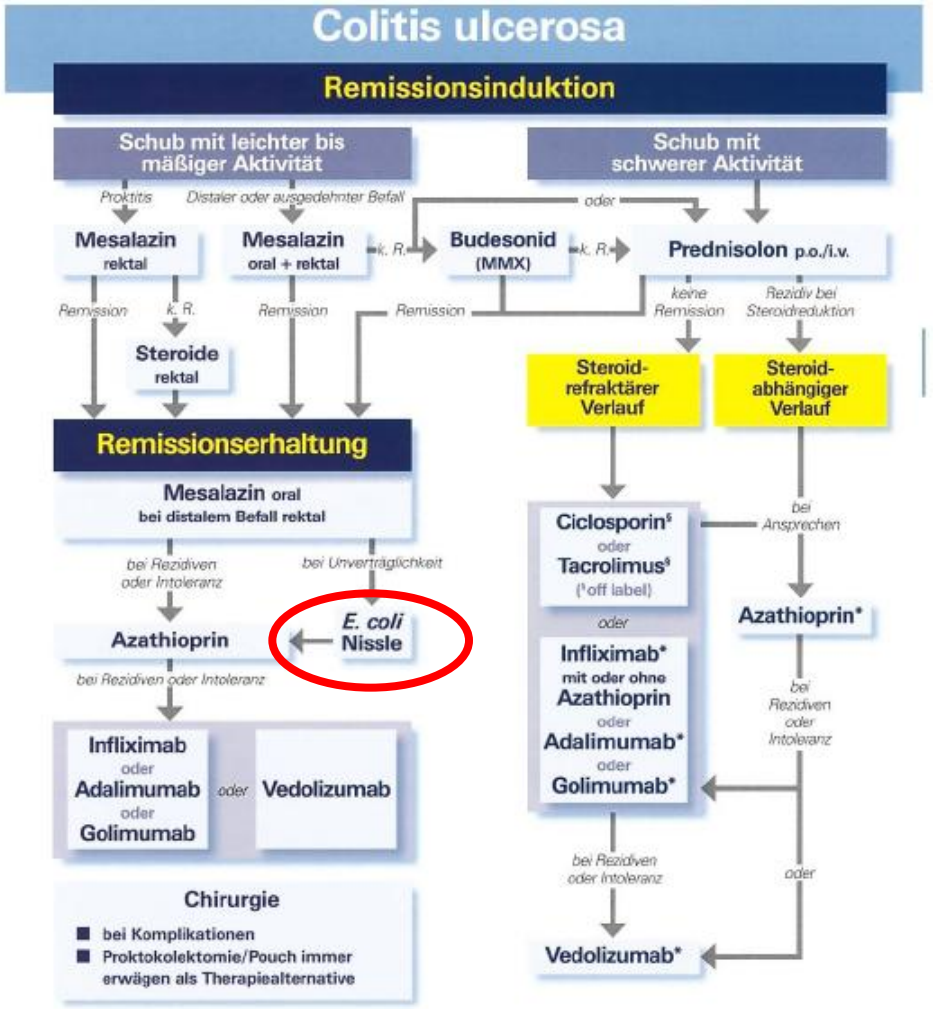
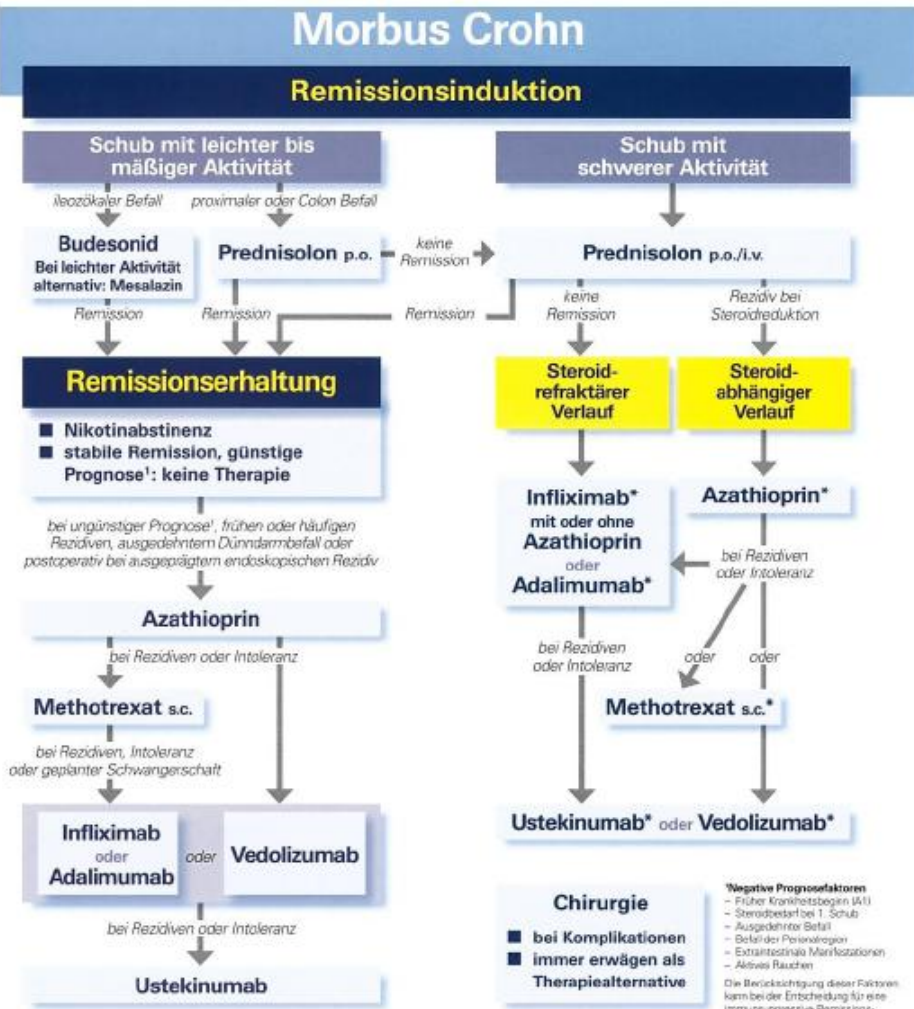
Remissionsinduktion



Chirurgie
 ■ bei Komplikationen
 ■ Proktokolektomie/Pouch immer erwägen als Therapiealternative

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Paradigmenwechsel im Verständnis chronisch entzündlicher Darmerkrankungen - Therapie?



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Bisher wenig Translation in die Therapie!

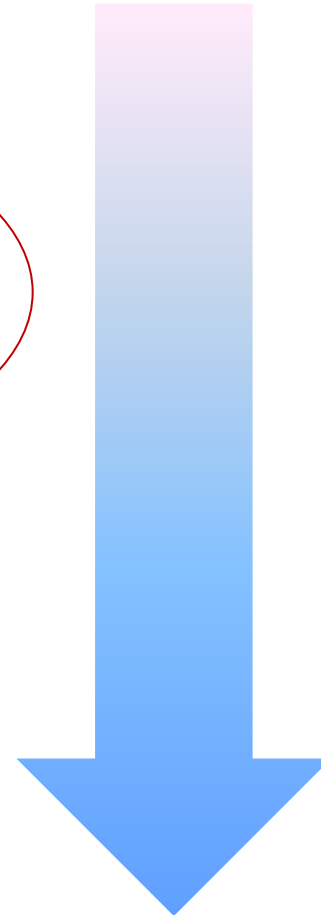
Understanding disease pathogenesis- Pioneering new treatment strategies

Anti- Infection

commensals/pathogens
microbiome

Anti-

Inflammation



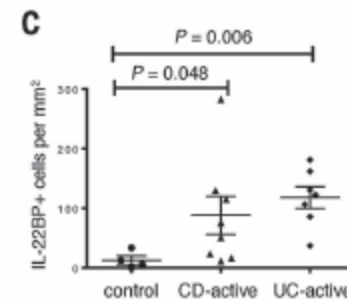
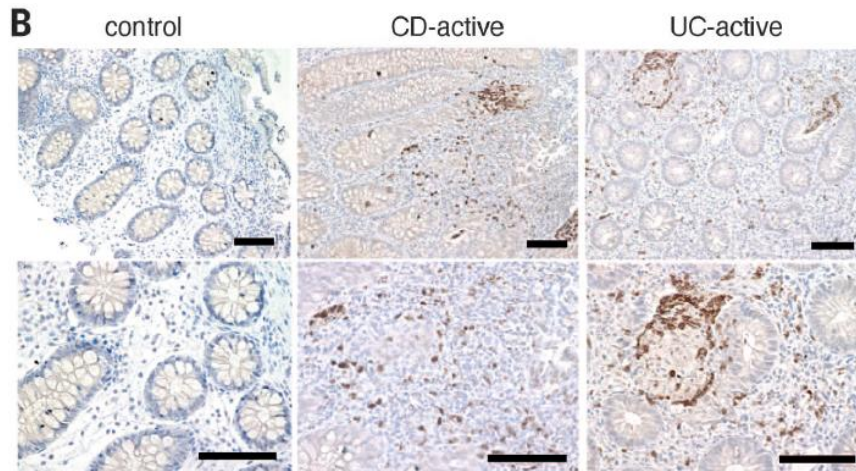
Sind anti-inflammatorische Biologika wirklich nur anti-inflammatorisch?

Verbindung zu Barriereprotektion vorhanden?

MUCOSAL IMMUNITY

A pathogenic role for T cell-derived IL-22BP in inflammatory bowel disease

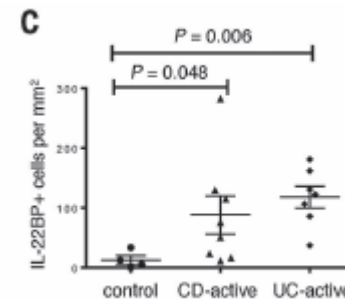
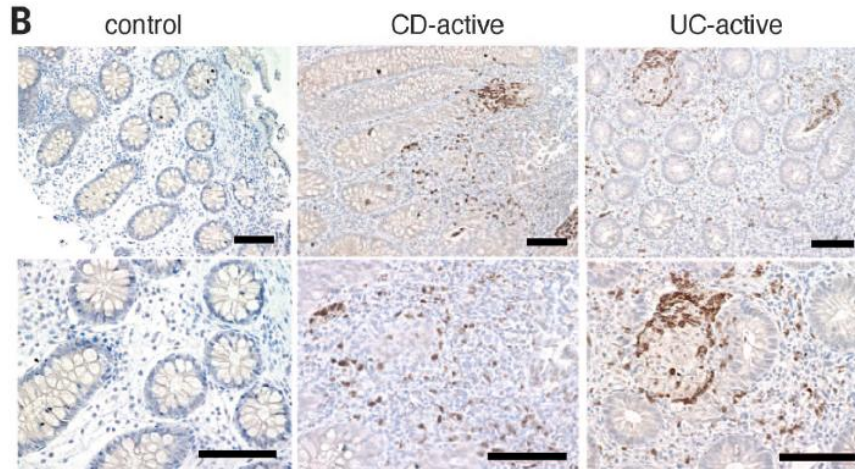
Penelope Pelczar,^{1*} Mario Witkowski,^{1,2*} Laura Garcia Perez,^{1*} Jan Kempski,¹ Anna G. Hammel,^{1†} Leonie Brockmann,¹ Dörte Kleinschmidt,¹ Sandra Wende,¹ Cathleen Haueis,¹ Tanja Bedke,¹ Marco Witkowski,³ Susanne Krasemann,⁴ Stefan Steurer,⁵ Carmen J. Booth,⁶ Philipp Busch,⁷ Alexandra König,^{7‡} Ursula Rauch,³ Daniel Benten,¹ Jakob R. Izbicki,⁷ Thomas Rösch,⁸ Ansgar W. Lohse,¹ Till Strowig,⁹ Nicola Gagliani,^{1,7§} Richard A. Flavell,^{10§||} Samuel Huber^{1§||}



MUCOSAL IMMUNITY

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➔ **Protektives IL-22 wird bei CED durch hochreguliertes IL-22BP (binding protein) reduziert!**

Fig. 4. Anti-TNF- α therapy correlates with reduced IL-22BP expression by CD4⁺ T cells in IBD (UC and CD) patients. (A) Correlation between TNF α and IL22BP mRNA expression, as measured by RT-PCR ($P = 0.004$; $r = 0.36$) of specimens from the intestines of patients with active IBD. In (B) to

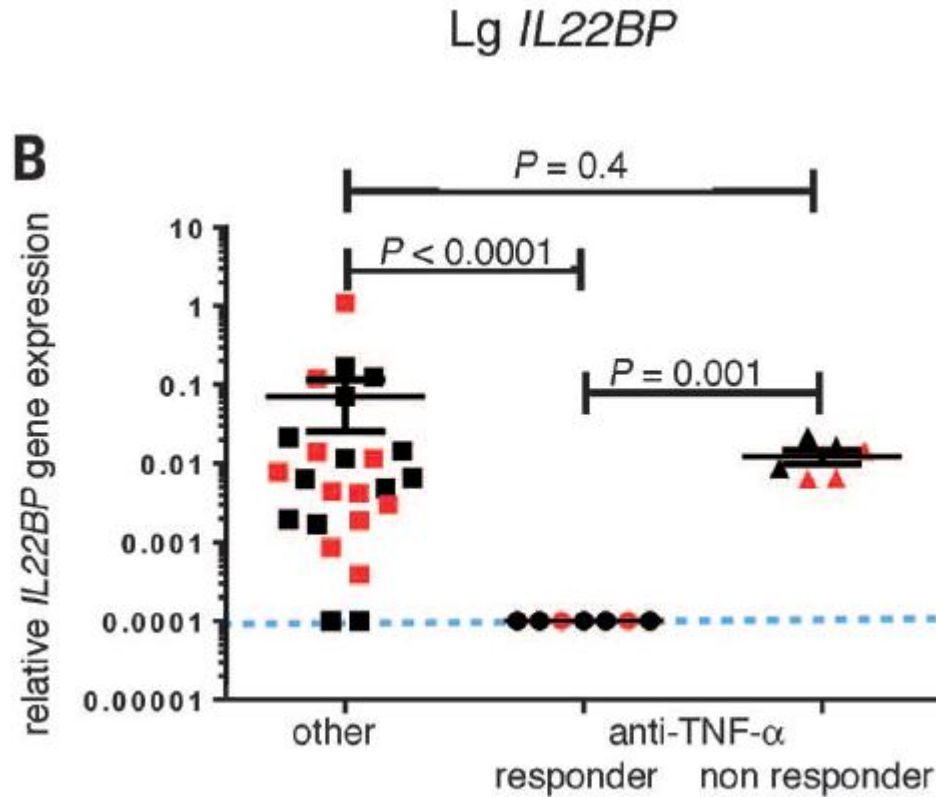
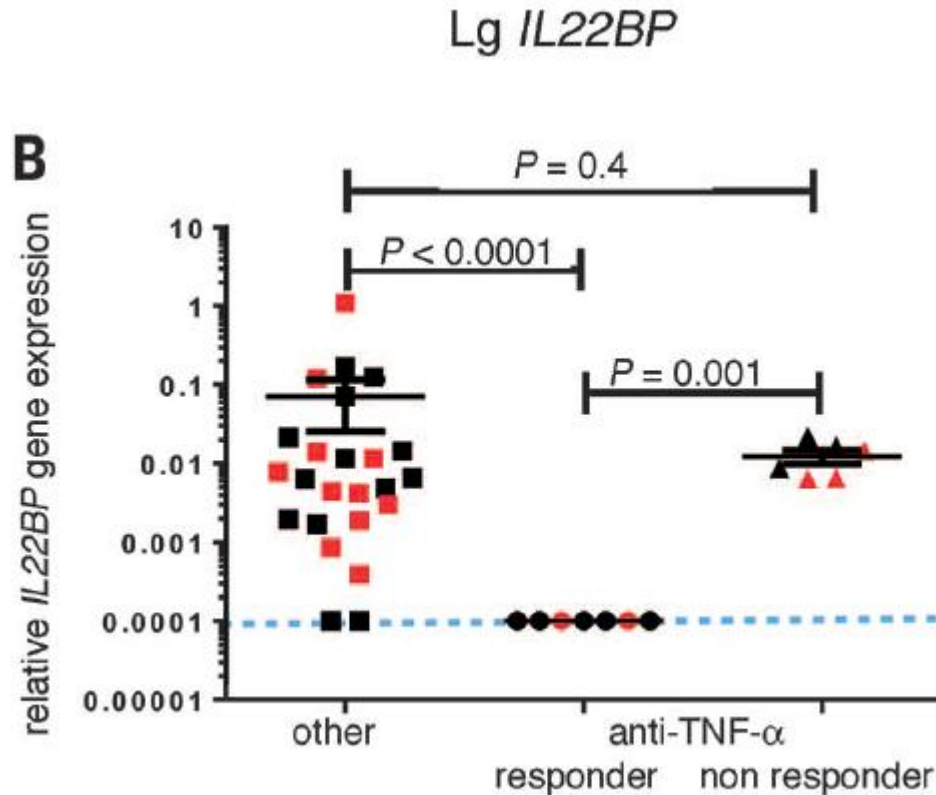


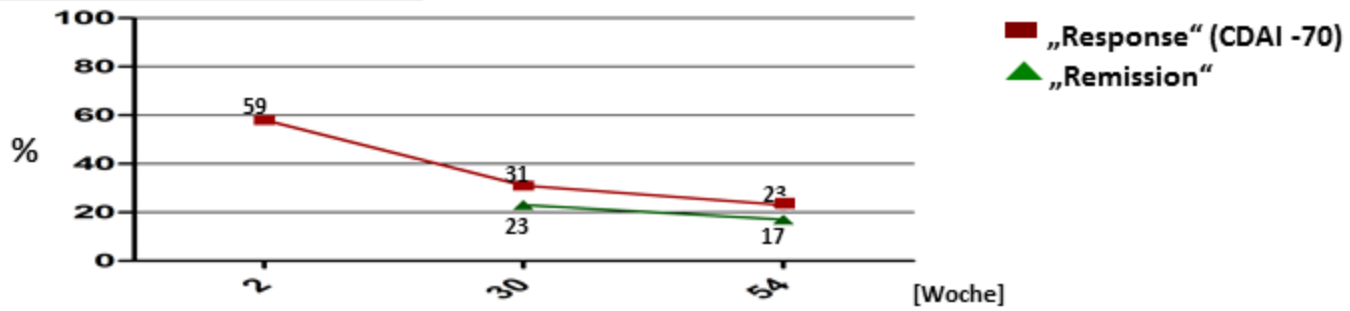
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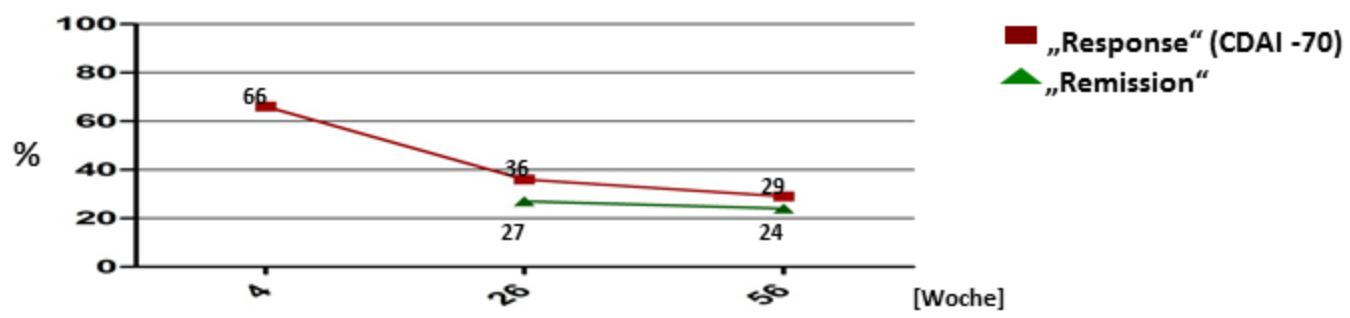
➔ **Ansprechen auf eine anti-TNF Therapie ist mit der verminderten Expression von IL-22BP assoziiert!**

**Sind die anti-inflammatorischen Medikamente,
die verfügbar sind, ausreichend?**

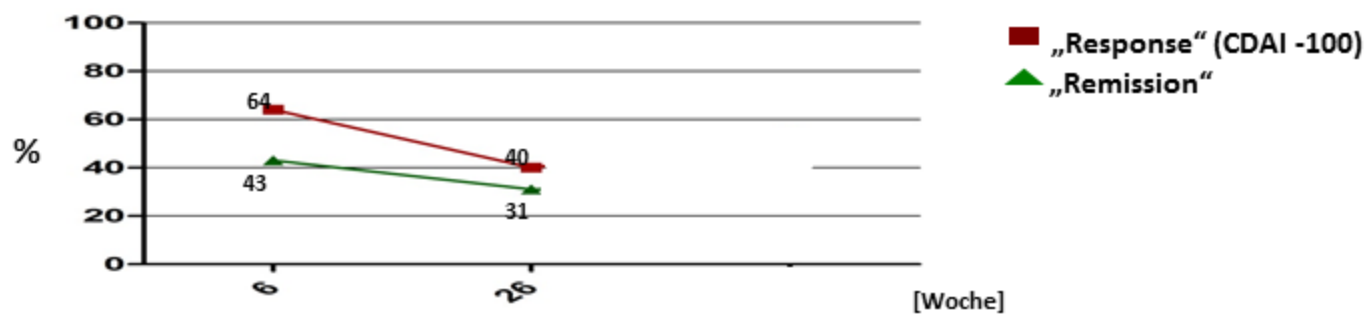
Morbus Crohn



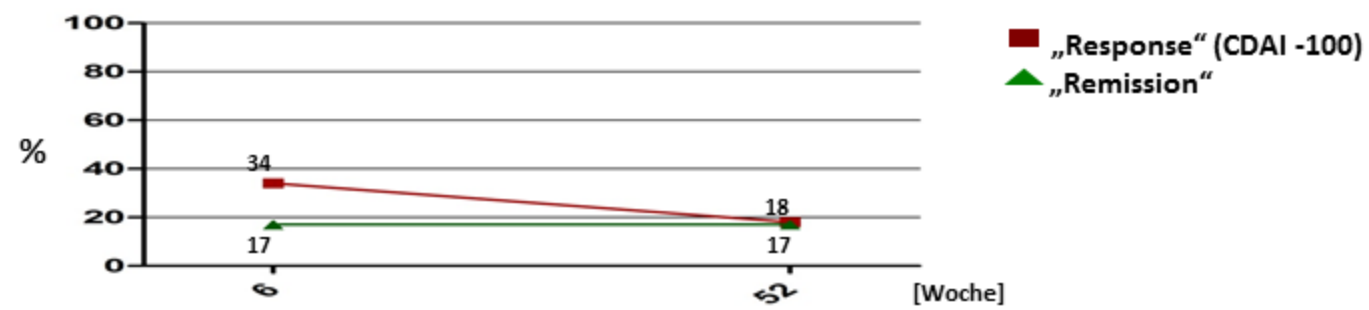
Infliximab
ACCENT 1
(5 mg/kg/8Wo)



Adalimumab
CHARM
(40 mg/2Wo)

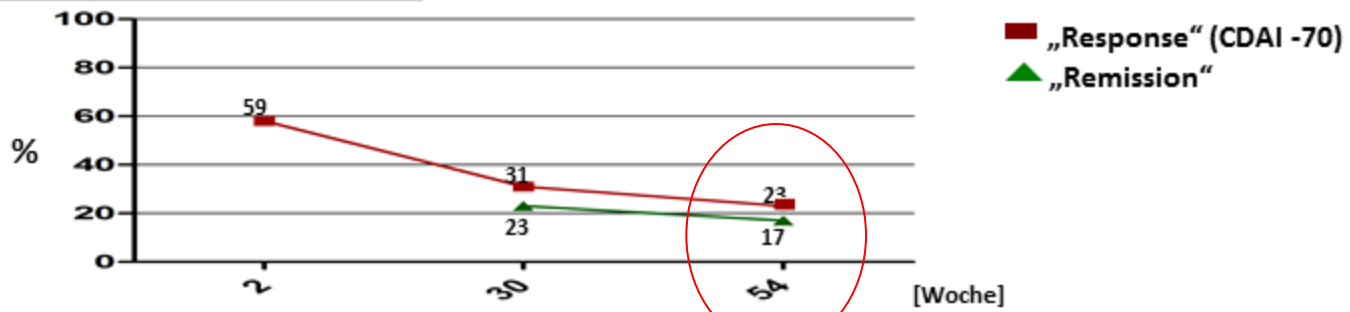


Certolizumab
PRECISE 2
(400 mg/4Wo)

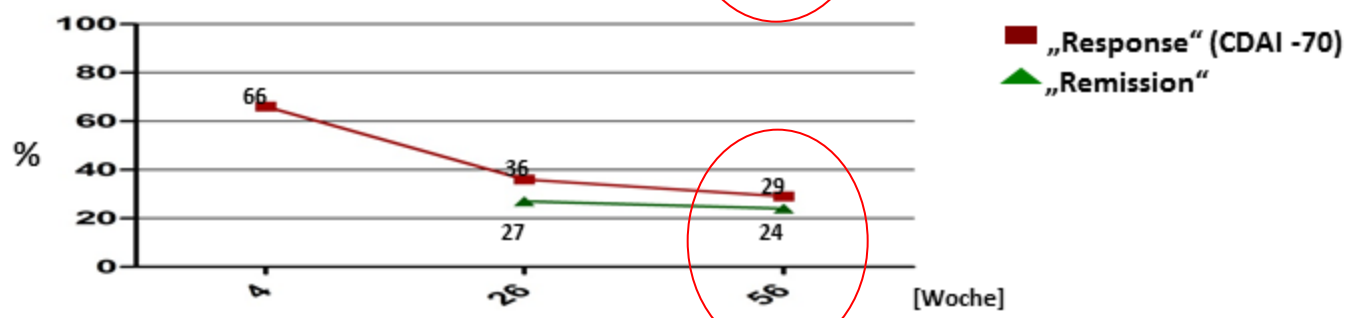


Vedolizumab
GEMINI 2
(300 mg/4Wo)

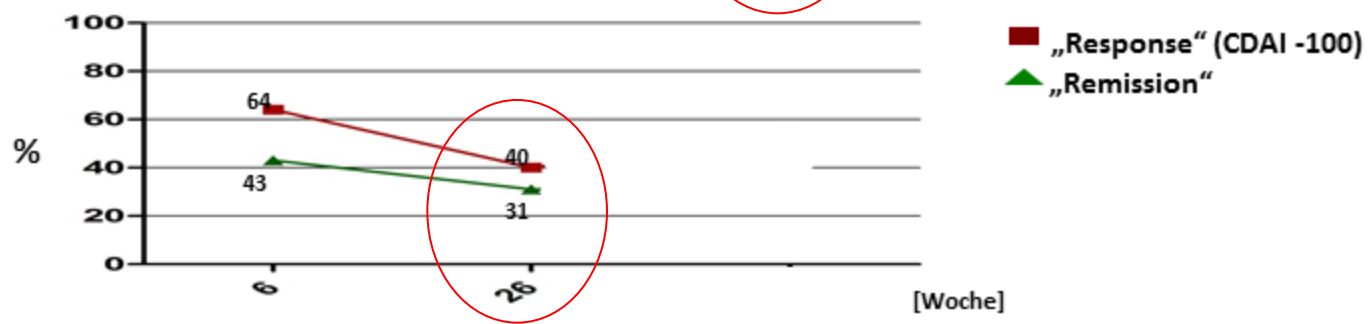
Morbus Crohn



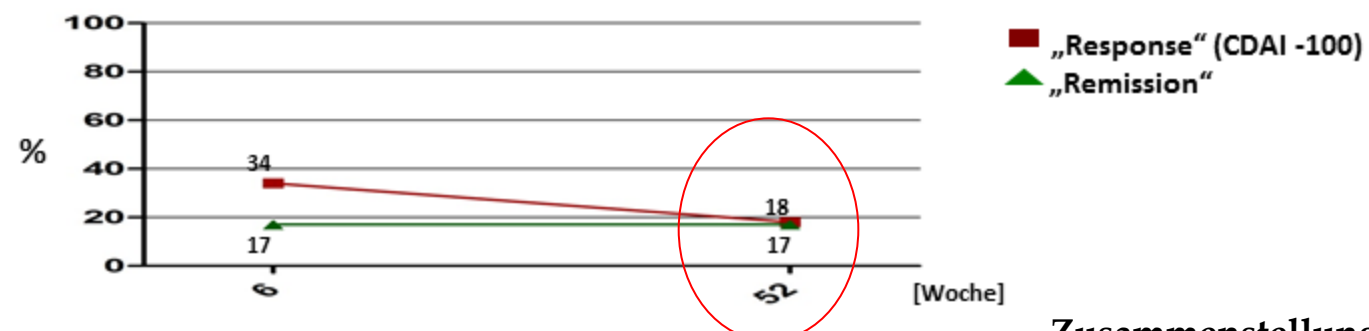
Infliximab
ACCENT 1
(5 mg/kg/8Wo)



Adalimumab
CHARM
(40 mg/2Wo)



Certolizumab
PRECISE 2
(400 mg/4Wo)



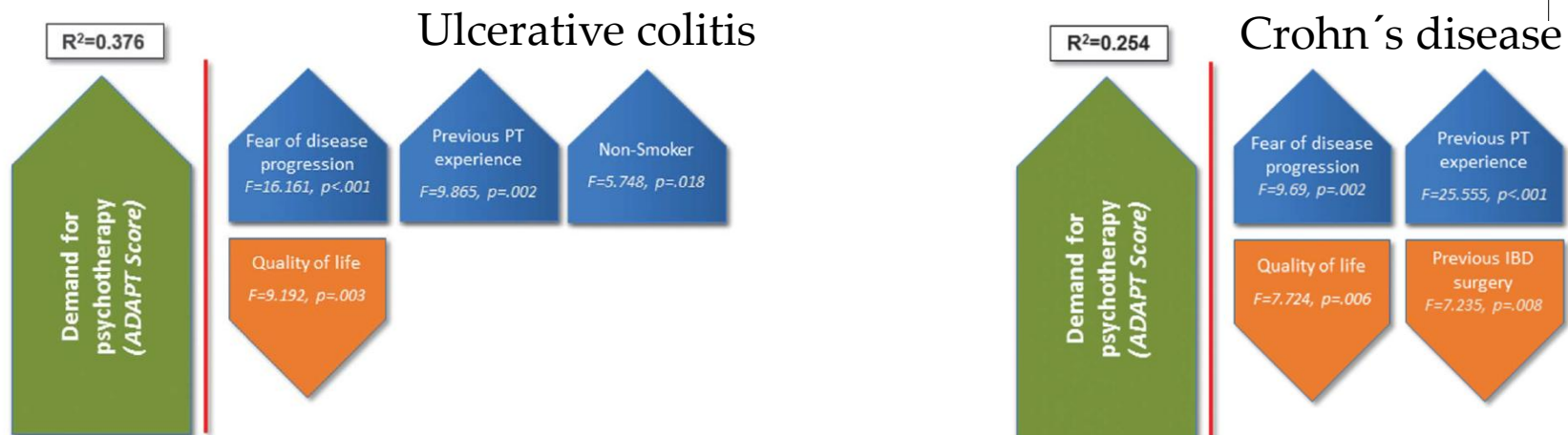
Vedolizumab
GEMINI 2
(300 mg/4Wo)

High Demand for Psychotherapy in Patients with Inflammatory Bowel Disease

Thomas Klag, MD,* Nazar Mazurak, MD,[†] Laura Fantasia,* Juliane Schwille-Kiuntke, MD,[†] Andreas Kirschniak, MD,[‡] Claudius Falch, MD,[‡] Martin Goetz, MD,* Nisar P. Malek, MD,* Paul Enck, Dip Psych,[†] and Jan Wehkamp, MD*

Results: n = 631 patients responded, and complete data from n = 578 (356 Crohn's disease, 219 ulcerative colitis, 3 unclear) were available for analysis. n = 296 had previous experiences with psychotherapy, whereas n = 282 had not. This distribution clearly determined the factor "demand for psychotherapy" (chi-square = 23.7, $P < 0.001$). When all available data were entered into a (stepwise-forward) regression model, psychotherapy demand was dependent on previous experience ($P < 0.001$), fear of progression ($P < 0.001$), quality of life ($P = 0.001$), smoking ($P = 0.003$), and previous surgery ($P = 0.005$) with the total model explaining 29.7% of the variance. The total explained variance of this model was higher in ulcerative colitis (37.6%) than in Crohn's disease alone (25.4%).

Conclusions: The demand for psychotherapy as additional therapy in IBD depends on previous experience with psychotherapy, fear for disease progression but also other disease or social characteristics and quality of life.



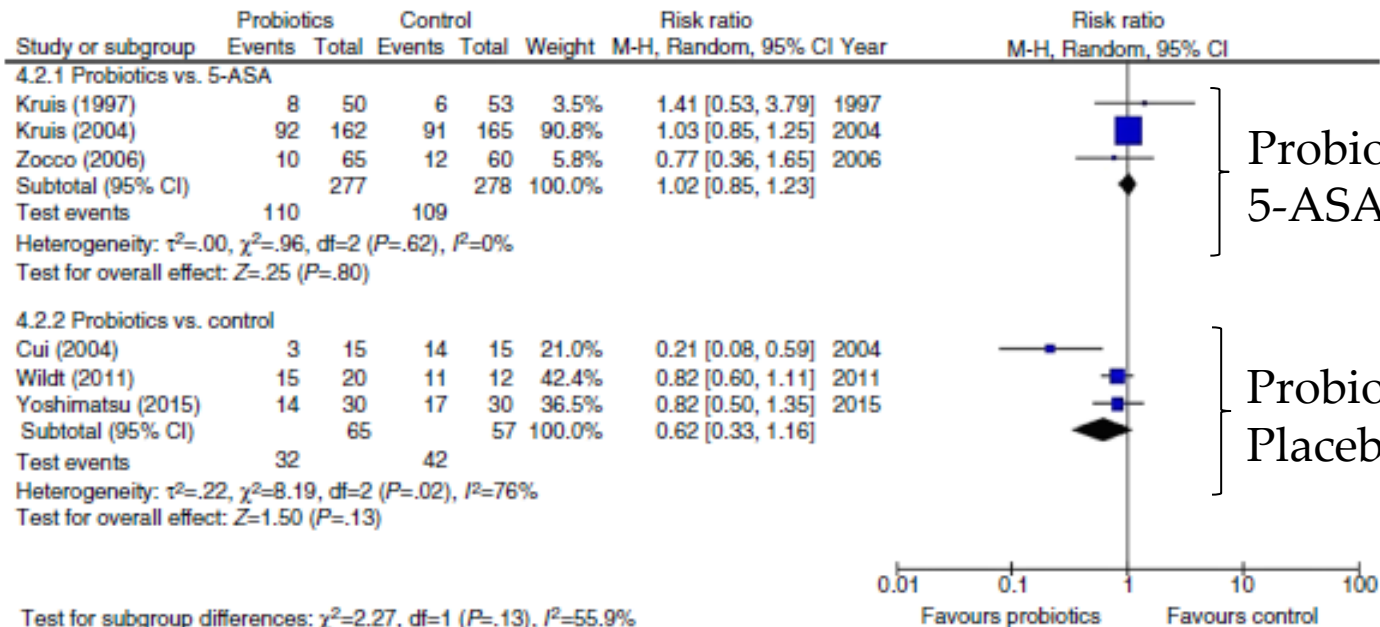
Was ist mit Mikrobiom modulierenden Therapieansätzen?

Probiotika zur Behandlung von chronisch entzündlichen Darmerkrankungen?

2017 WILEY AP&T Alimentary Pharmacology & Therapeutics

Systematic review with meta-analysis: the efficacy of probiotics in inflammatory bowel disease

Y. Derwa^{1,2,*} | D. J. Gracie^{1,2,*} | P. J. Hamlin¹ | A. C. Ford^{1,2}



- ➡ **Wirksam bei der Remissionserhaltung bei Colitis ulcerosa, (nicht wirksam zur Remissionsinduktion).**
- ➡ **Keine Wirksamkeit bei Morbus Crohn.**

The Current Landscape and Lessons from Fecal Microbiota Transplantation for Inflammatory Bowel Disease: Past, Present, and Future

Jessica Allegretti, MD, MPH,^{*,†} Lindsay M. Eysenbach, BA,^{‡,§} Najwa El-Nachef, MD,^{||} Monika Fischer, MD, MSc,[¶] Colleen Kelly, MD,^{**} and Zain Kassam, MD, MPH[†]

TABLE 1. Summary of Randomized Controlled Trials for UC

Study	n	Disease Activity for Inclusion	Concurrent Medications Allowed	FMT Delivery	Dosing	Donor Stool	Control	Outcome Assessed	P
Moayyedi et al 2015 ²	65	Mayo clinical score ≥ 4	Oral mesalamine, glucocorticoids, Azathioprine Anti-tf β s	Enema (50 mL)	1/week	Unrelated volunteers	Water enema	Complete Mayo score < 3 and an endoscopic subscore = 0 At week 6	FMT group: 9/38, control group: 2/37, P = 0.03
Rossen et al 2015 ³	48	SCCAI ≥ 4 and ≤ 11	Thiopurines, mesalamine, corticosteroids	Nasoduodenal (500 mL)	Week 0 and week 3	Patient directed donors	Autologous stool	SCCAI ≤ 2 , and ≥ 1 -point improvement in Mayo endoscopic subscore at week 12	FMT group: 7/23, control group: 5/25, P = 0.29
Paramsothy et al 2017 ⁴	81	Mayo Clinical score 4–10 and endoscopic subscore ≥ 1	Oral mesalamine thiopurines methotrexate prednisone (fixed taper during study)	Initial colonoscopy (150 mL), maintenance enemas	5/week	Mixed unrelated donors (3–7 donors per patient)	Saline enema	Total Mayo Score ≤ 2 with all 4 subscores ≤ 1 and ≥ 1 point reduction in endoscopic subscore	FMT group: 11/41, control group: 3/40, P = 0.02
Costello et al 2017 ²⁶	73	Mayo score 3–10 and endoscopic subscore ≥ 2	Oral and rectal mesalamine, thiopurines, methotrexate, infliximab, or vedolizumab.	Initial colonoscopy, 2 enemas at week 1	Baseline, week 1	Anaerobically prepared pooled (3–4) unrelated donors	Autologous stool	Mayo score < 2 and a Mayo endoscopic subscore of < 1 at week 8	FMT group: 12/38, control group: 3/35, P = 0.02



Colitis ulcerosa →
(25-30%) Ansprechen

Morbus Crohn → unklar

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Wie? Was? Von wem? Wie oft?



**Colitis ulcerosa →
(25-30%) Ansprechen**

Morbus Crohn → unklar

First Multicenter Study of Modified Release Phosphatidylcholine “LT-02” in Ulcerative Colitis: A Randomized, Placebo-Controlled Trial in Mesalazine-Refractory Courses

Max Karner, MD^{1,2}, Andreas Kocjan, MD³, Juergen Stein, MD, PhD⁴, Stefan Schreiber, MD, PhD⁵, Georg von Boyen, MD, PhD^{6,7}, Peter Uebel, MD⁸, Carsten Schmidt, MD, PhD, MA^{9,10}, Limas Kupcinskas, MD, PhD¹¹, Ion Dina, MD, PhD^{12,13}, Frank Zuelch, PhD¹⁴, Gerhard Keilhauer, PhD¹⁴ and Wolfgang Stremmel, MD, PhD¹

OBJECTIVES: Phosphatidylcholine is a key component of the mucosal barrier. Treatment with modified release phosphatidylcholine aims to improve the impaired barrier function. The primary objective is to evaluate the efficacy of LT-02, a newly designed modified release phosphatidylcholine formula, in a multicenter setting.

METHODS: This is a double-blinded, randomized, placebo-controlled, superiority study conducted in 24 ambulatory referral centers in Germany, Lithuania, and Romania. A total of 156 patients with an inadequate response to mesalazine, a disease activity score (Simple Clinical Colitis Activity Index (SCCAI)) of ≥ 5 , and bloody diarrhea underwent treatment with 0, 0.8, 1.6, or 3.2 g LT-02. The primary end point was defined *a priori* as changes in SCCAI from baseline to the end of treatment. The primary statistical model was a general linear least-squares model. The study was funded by the sponsor Lipid Therapeutics, Heidelberg, Germany, and registered at <http://clinicaltrials.gov/show/NCT01011322>.

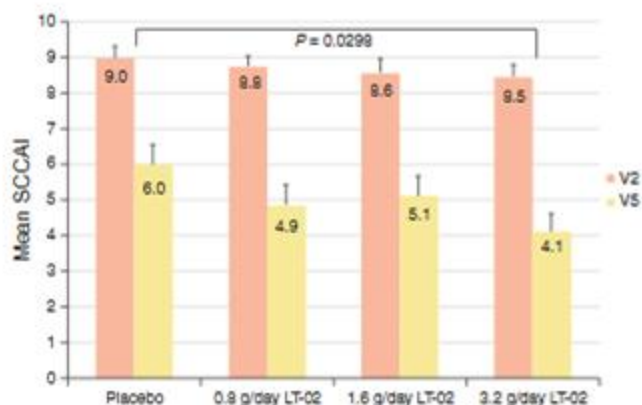


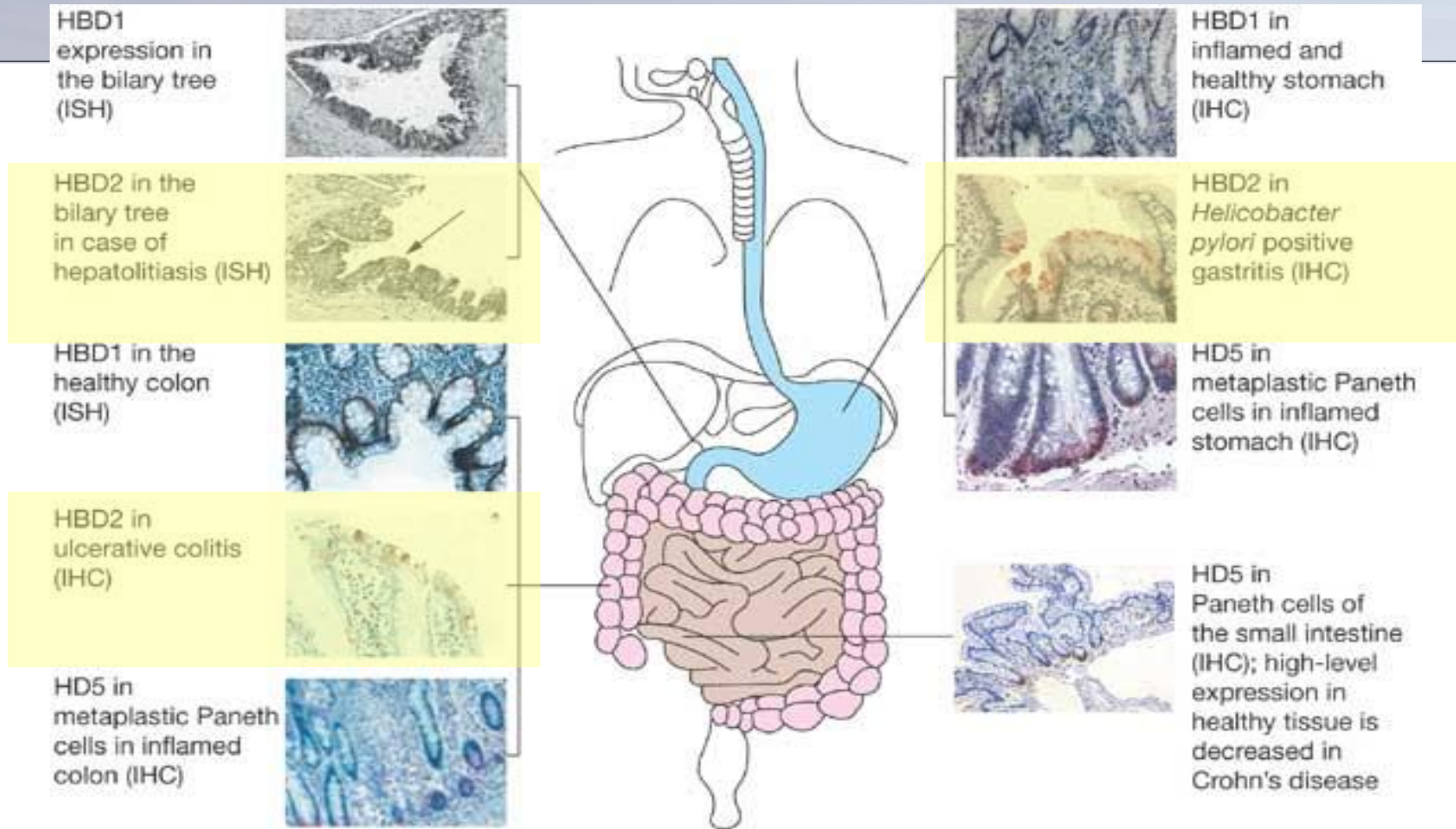
Table 5. Phosphatidylcholine (PC) for active ulcerative colitis [21]

	Placebo (n = 40)	PC		
		0.8 g (n = 40)	1.6 g (n = 40)	3.2 g (n = 35)
Δ SCCAI	-3.0	-3.9	-3.4	-4.3 ¹
Remission, %	15.0	27.5	22.0	31.4

SCCAI = Simple clinical colitis activity index. ¹ Dose response more impressive in patients without 5-ASA!

Verminderte Induzierbarkeit von beta-Defensinen bei Morbus Crohn – Substitution?

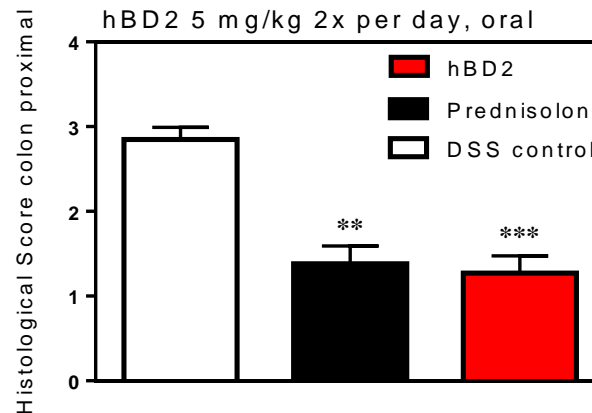
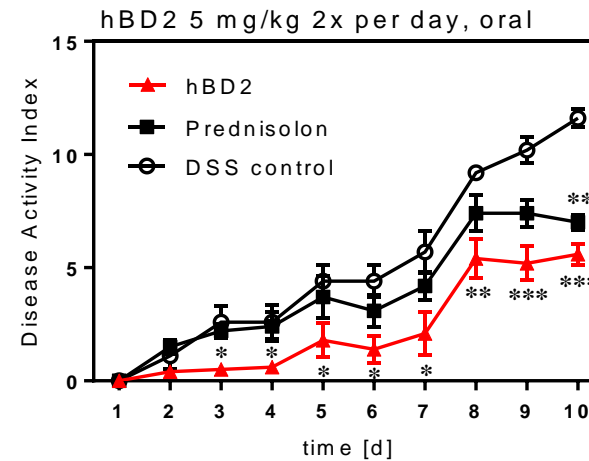
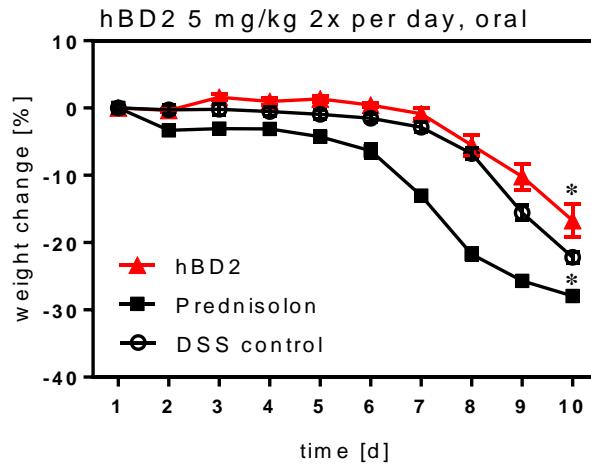
The impact of human beta defensin 2 (hBD2)



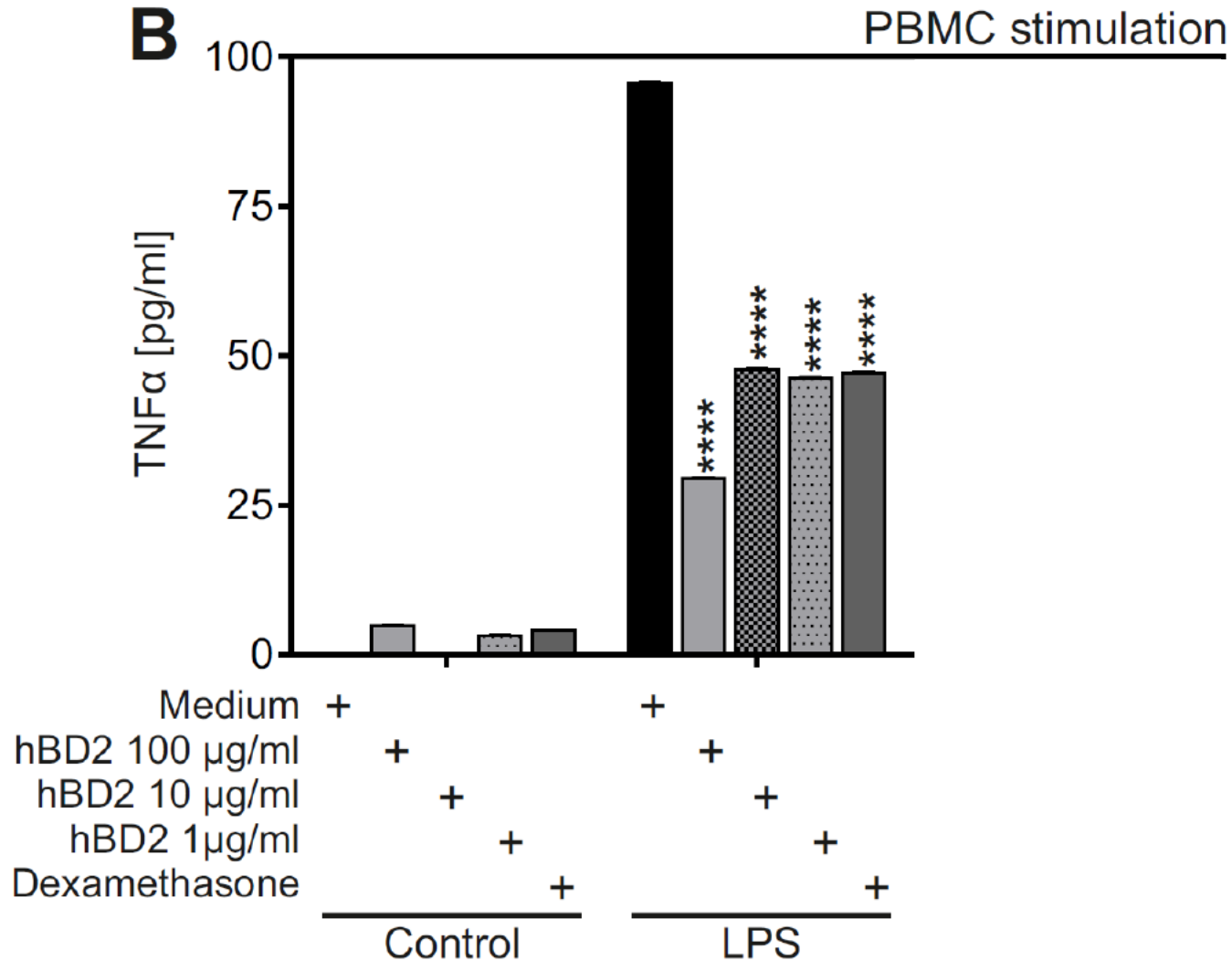
- hBD2 ubiquitously expressed by human epithelia (not only intestine!)
- *inducible on demand* , **Broad antimicrobial activity!**

Oral appliziertes hBD2 ist effektiv im Mausmodell der Colitis

DSS colitis



Weitere Mechanismen von hBD2? - anti-inflammatorisch -

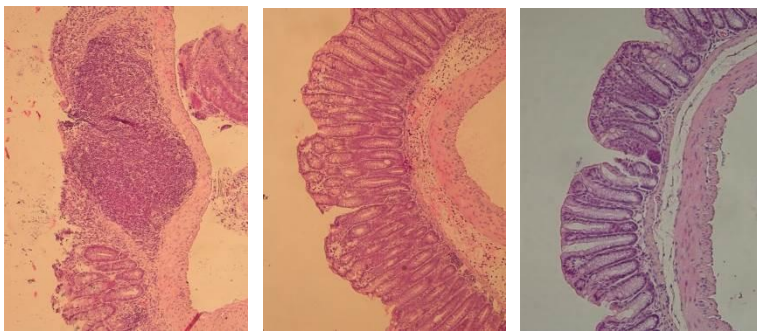
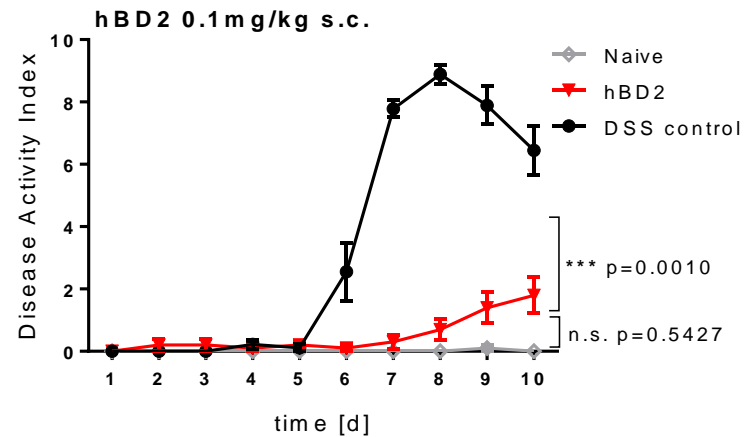
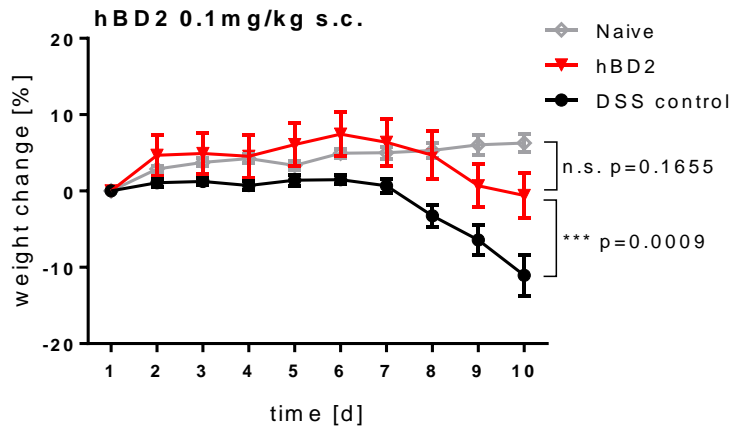


Armbruster et al. , manuscript in preparation

**Wenn hBD2 die Bildung von TNFa
vermindert –
besteht dann auch eine systemische
Wirkung s.c.?**

S.c. hBD2 Behandlung ist effektiv in der experimentellen Colitis

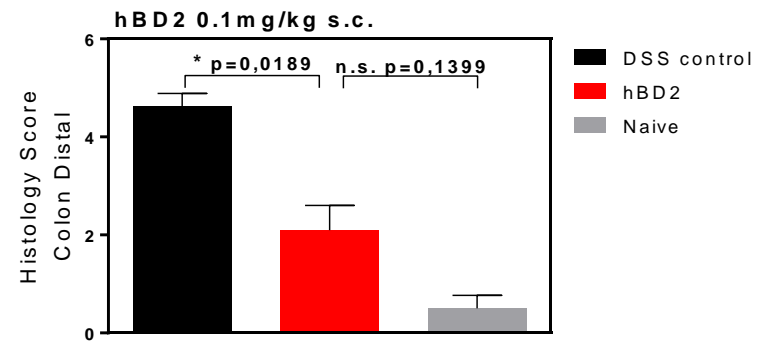
DSS colitis



DSS control

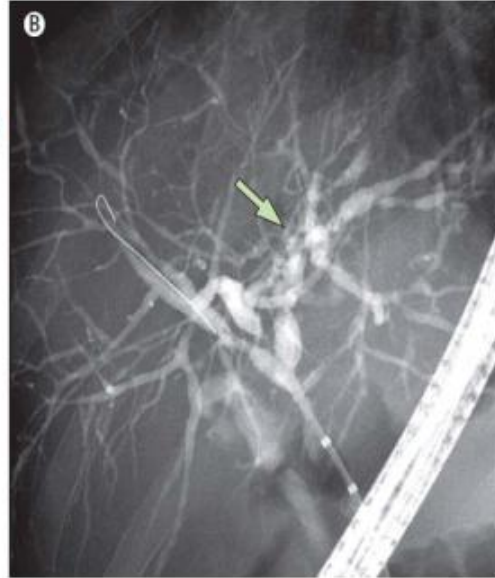
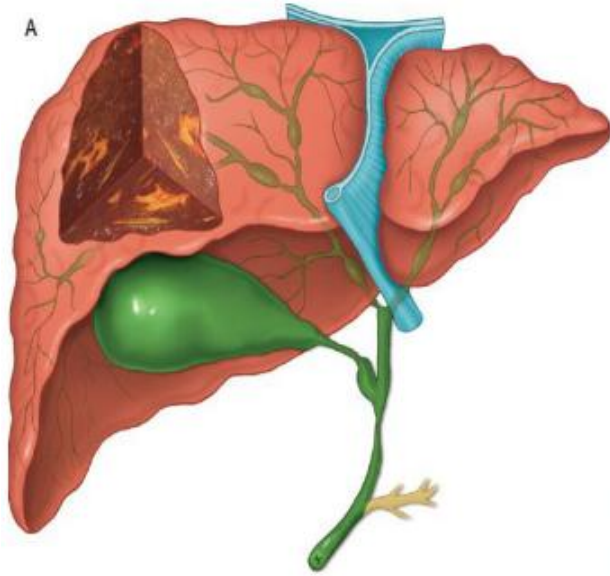
s.c. hBD2

Naive

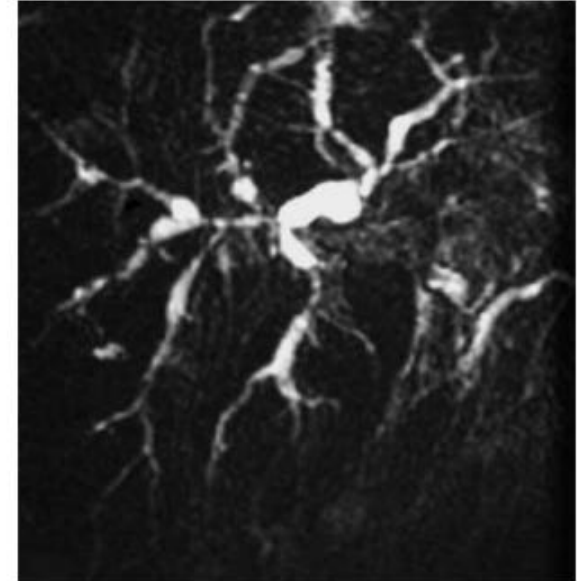


**Können antimikrobielle Peptide
auch bei anderen Manifestationen
chronisch entzündlicher
Darmerkrankungen eine Rolle
spielen?**

Extraintestinale Manifestationen - spielen Defensine auch hier eine potentielle Rolle?



ERCP



MRCP

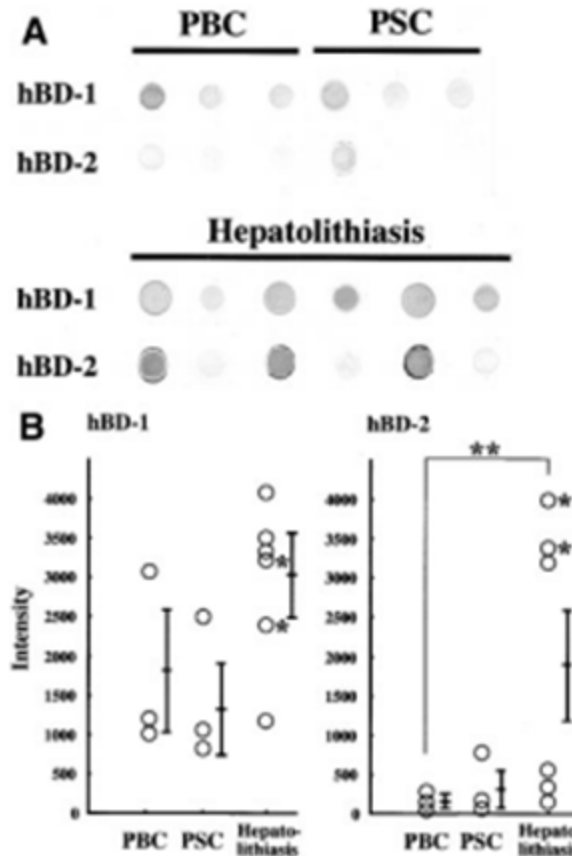
Assoziation mit chronisch entzündlichen Darmerkrankungen

- 60-80% der Fälle in Nordeuropa mit CED assoziiert
- davon 75% mit Colitis ulcerosa (häufig Pancolitis ulcerosa), 25% mit M. Crohn

Peptide Antibiotic Human Beta-Defensin-1 and -2 Contribute to Antimicrobial Defense of the Intrahepatic Biliary Tree

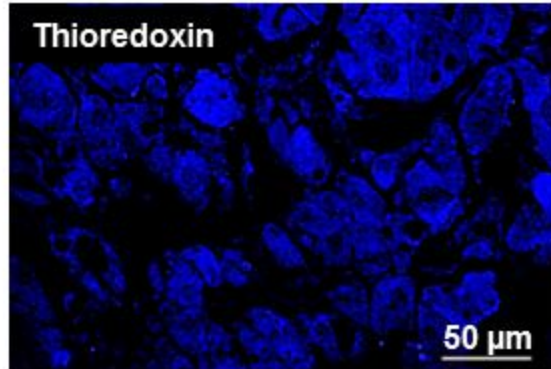
Kenichi Harada,¹ Kazuo Ohba,¹ Satoru Ozaki,¹ Kumiko Isse,¹ Toshiya Hirayama,² Akihiro Wada,² and Yasuni Nakanuma¹

**hBD1 und hBD2 sind
in der
Gallenflüssigkeit
vermindert bei
Cholestase im Rahmen
von PSC und PBC!**



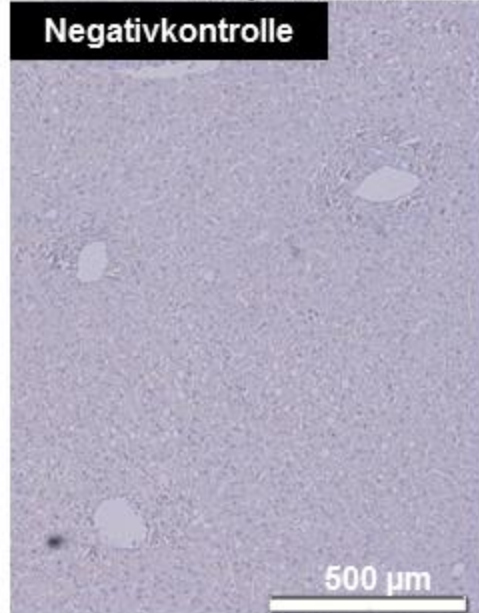
Antimikrobiell aktives hBD-1 und Thio-redoxin (TXN) werden in Hepatozyten exprimiert

healthy human liver tissue

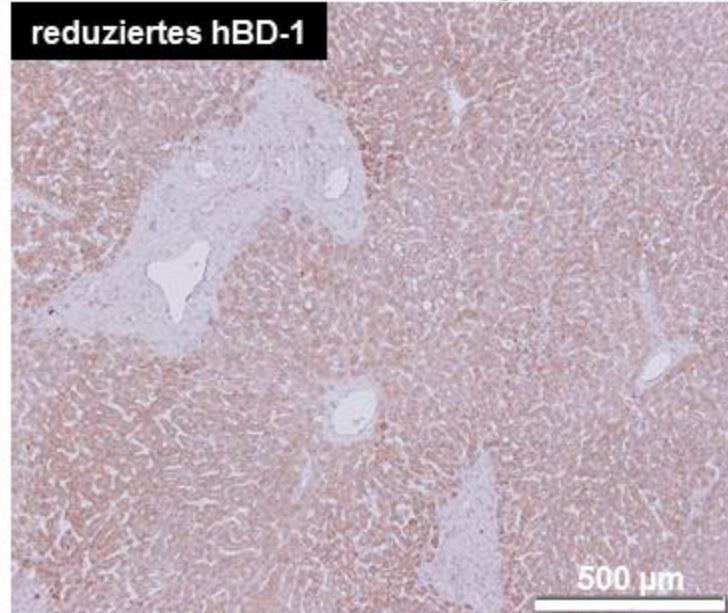


Thio-redoxin und chemisch reduziertes, antimikrobiell aktives hBD-1 werden in der Leber ubiquitär exprimiert!

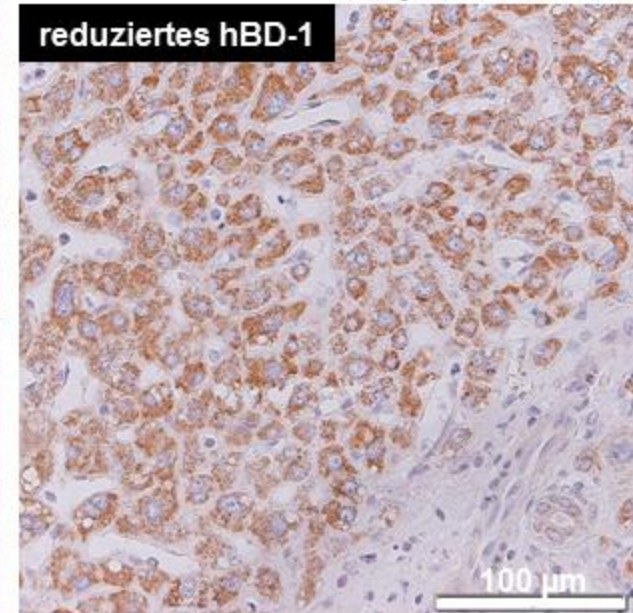
healthy human liver tissue



healthy human liver tissue



healthy human liver tissue



Umgebungsmilieu kontrolliert Wirts-Abwehr - Aktivierung durch chemische Reduktion: ubiquitäres Prinzip

Reduction of disulphide bonds unmasks potent antimicrobial activity of human β -defensin 1

Bjoern O. Schroeder^{1,2}, Zhihong Wu³, Sabine Nuding^{1,2}, Sandra Groscurth⁴†, Moritz Marcinowski⁵, Julia Beisner^{1,2}, Johannes Buchner⁵, Martin Schaller⁶, Eduard F. Stange⁷ & Jan Wehkamp^{1,2,7}

**Chemische Reduktion
aktiviert hBD-1**

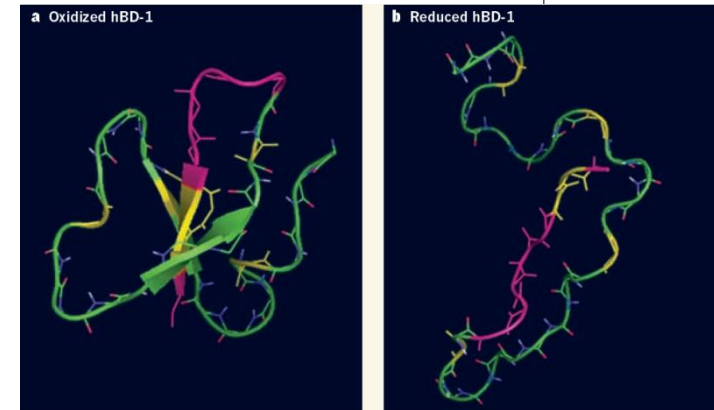
Peptide gets in shape for self-defence

The transformation of tadpole to frog and of caterpillar to butterfly are two of the more obvious examples of metamorphosis. But molecular shape-shifting may occur in each of us as part of our innate antibacterial defence system. [SEE LETTER P.419](#)

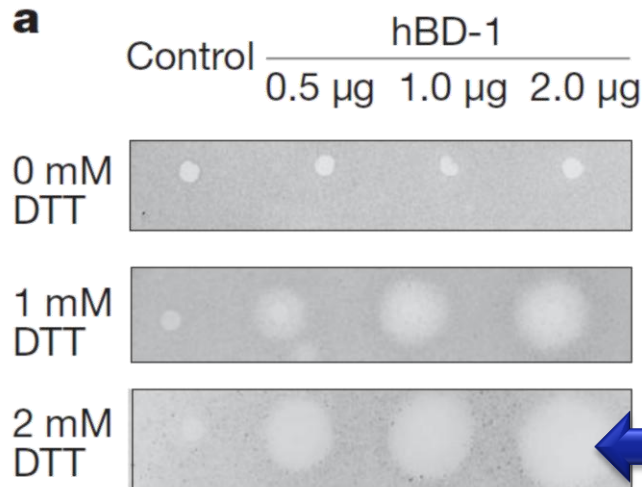
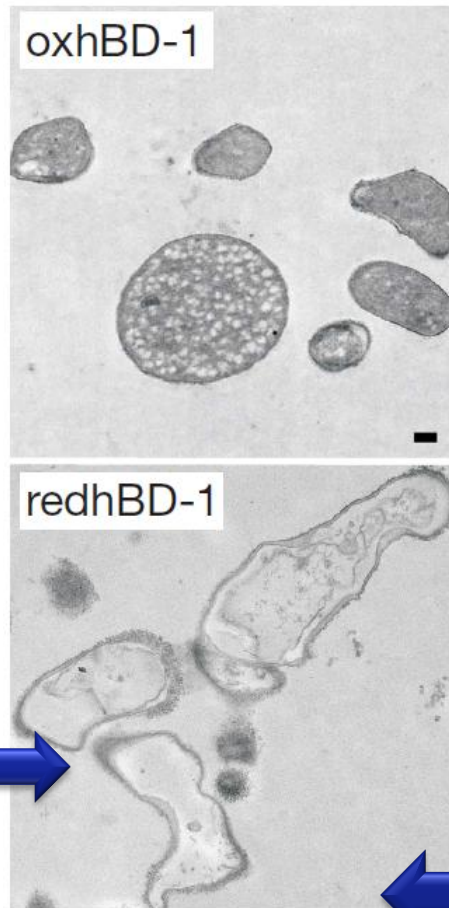
ROBERT I. LEHRER

Among the immune mediators that fight microorganisms within us, one is human β -defensin 1 (hBD-1). This

If shape change alone imparted the expanded antimicrobial range of hBD-1, then analogues of this peptide in which cysteine residues are replaced by other amino acids should also show enhanced function, because the cysteine-



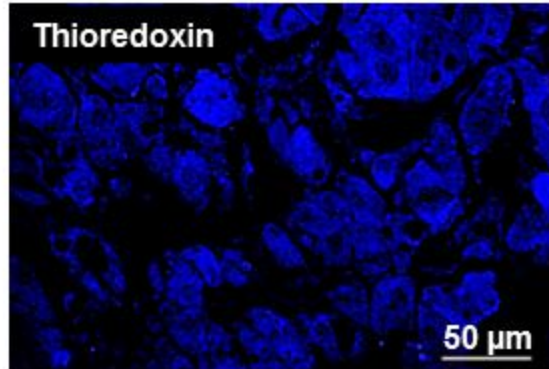
Lehrer, Nature N&V 2011



Schroeder *et al.*, Nature 2011

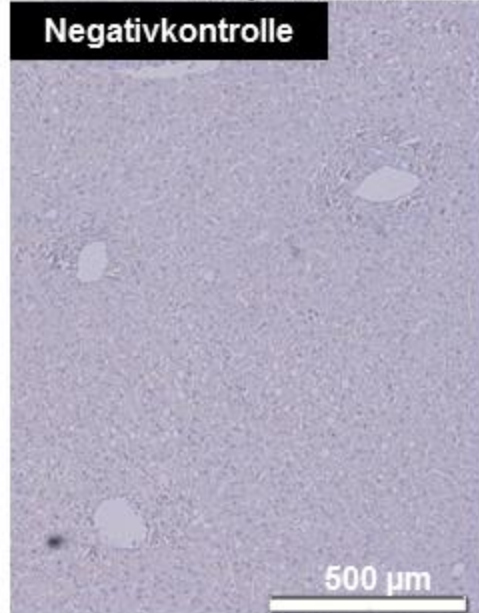
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healthy human liver tissue

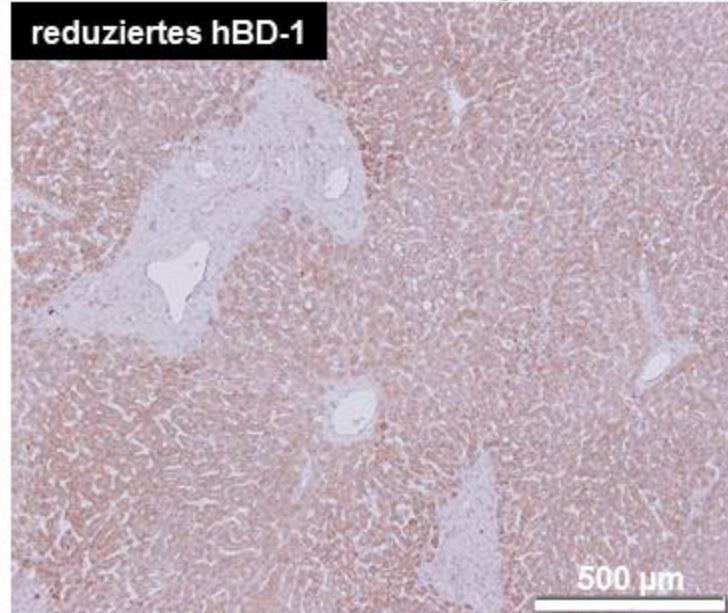


Thio-redoxin und chemisch reduziertes, antimikrobiell aktives hBD-1 werden in der Leber ubiquitär exprimiert!

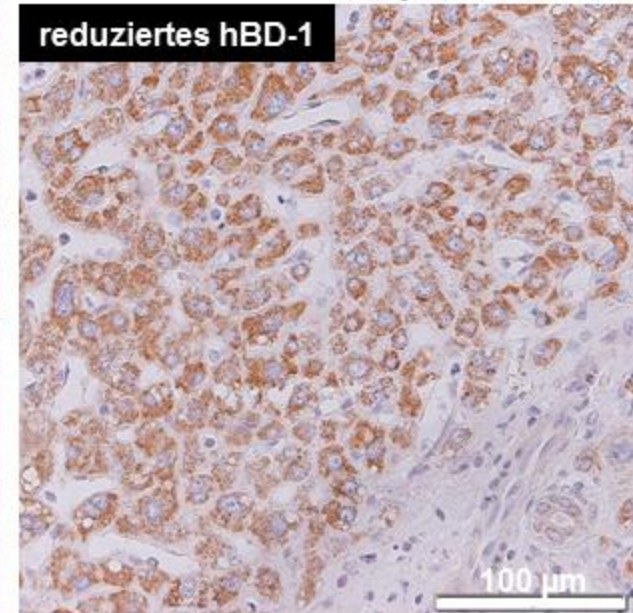
healthy human liver tissue



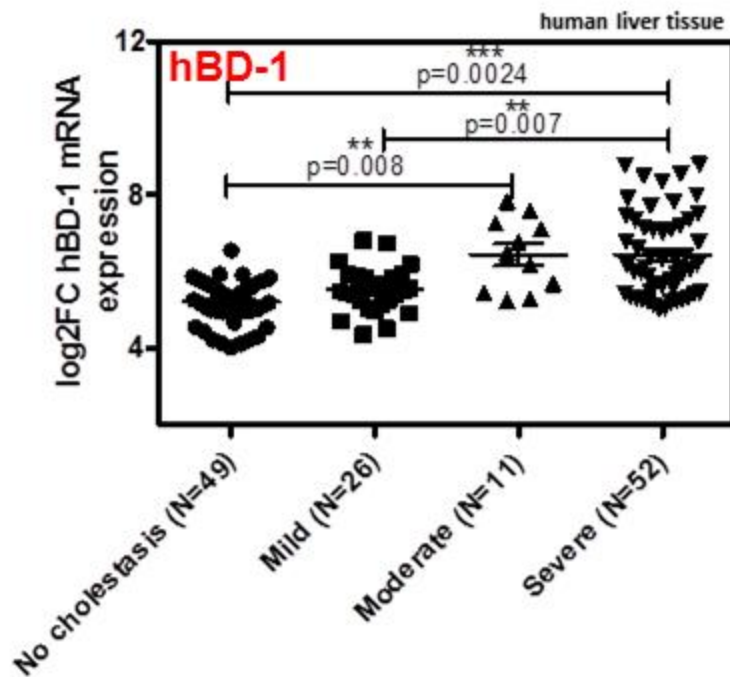
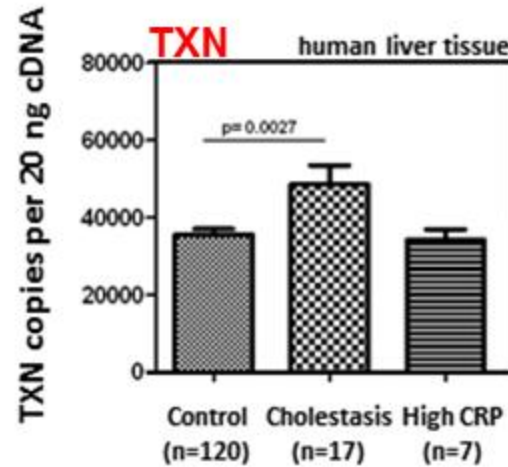
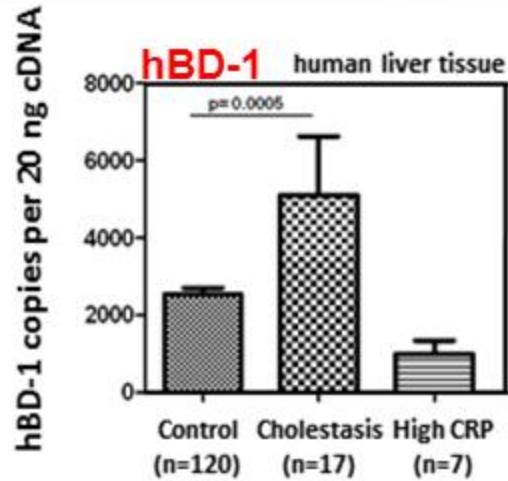
healthy human liver tissue



healthy human liver tissue

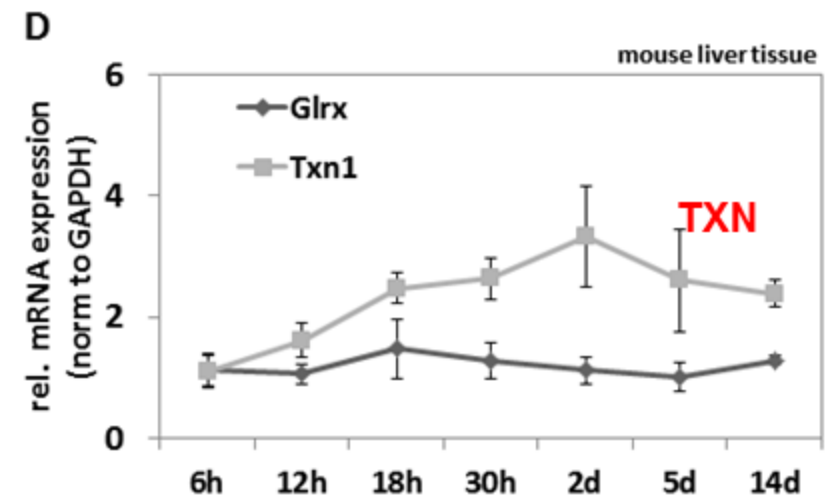
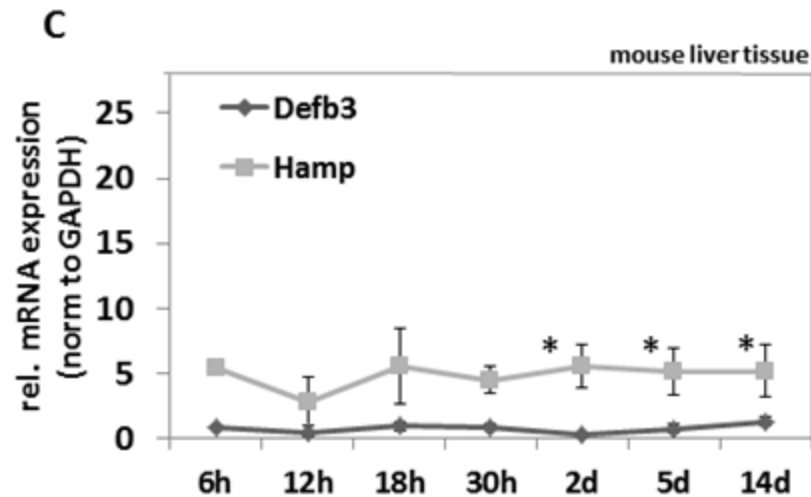
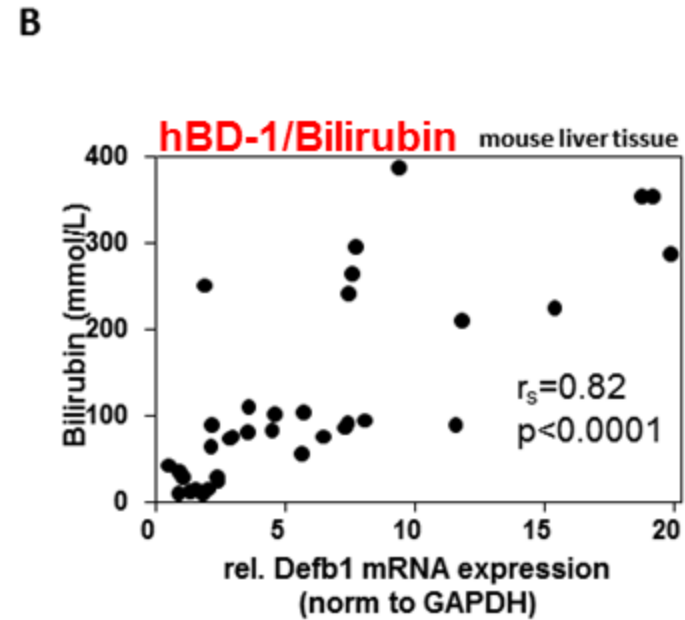
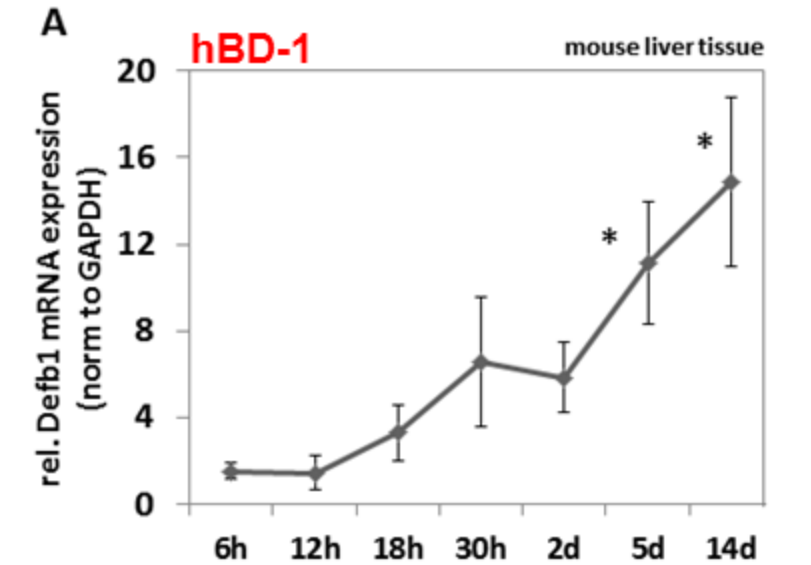


Cholestase ist assoziiert mit einer Induktion der Expression von hBD-1 und Thioredoxin

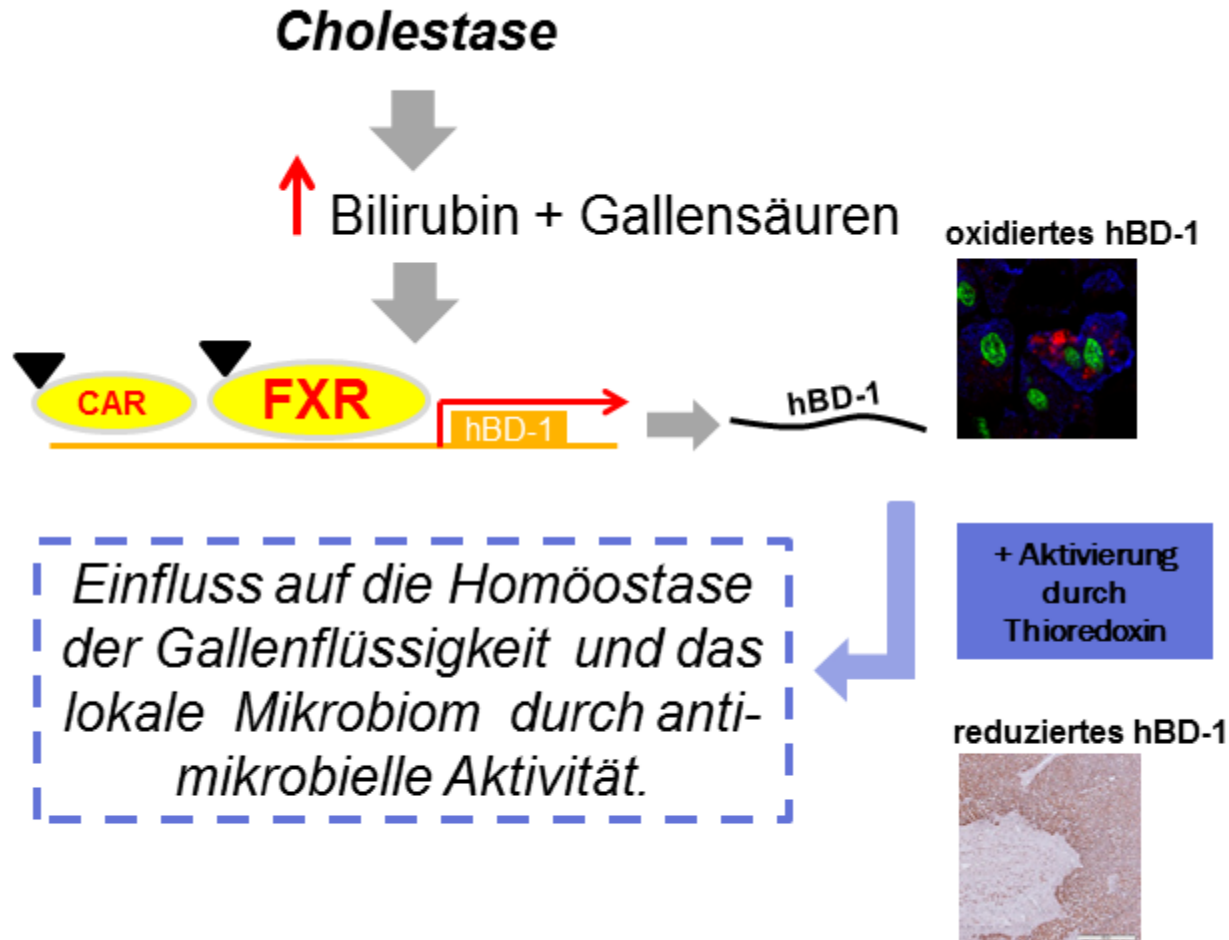


Die Expression von hBD-1 korreliert signifikant mit dem Grad der Cholestase und dem Serumbilirubin ($p<0,001$).

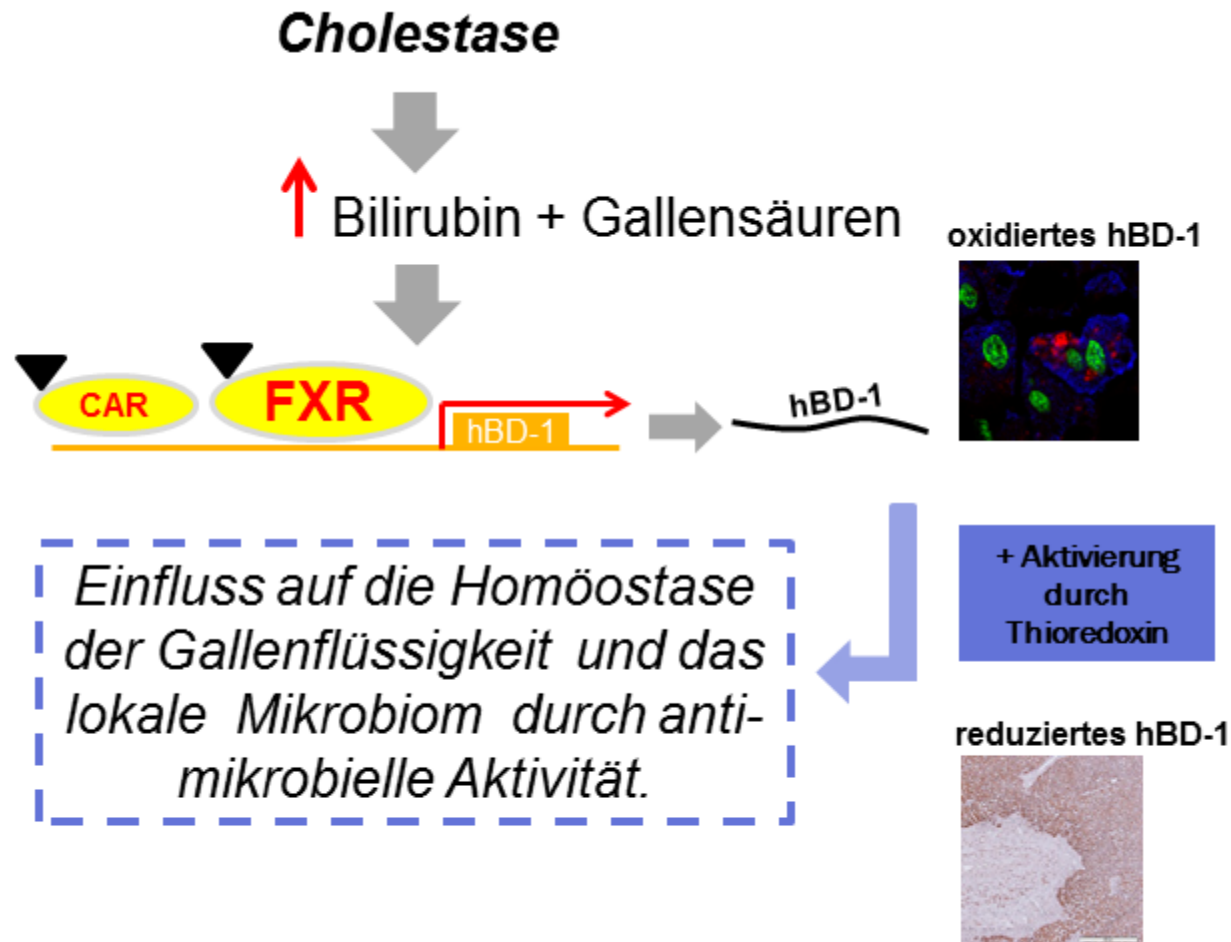
Cholestase in *bile duct ligated mice* führt zur Induktion des murinen antimikrobiellen Peptids Defb1 (hBD-1)



Regulation von hBD1 in der Cholestase

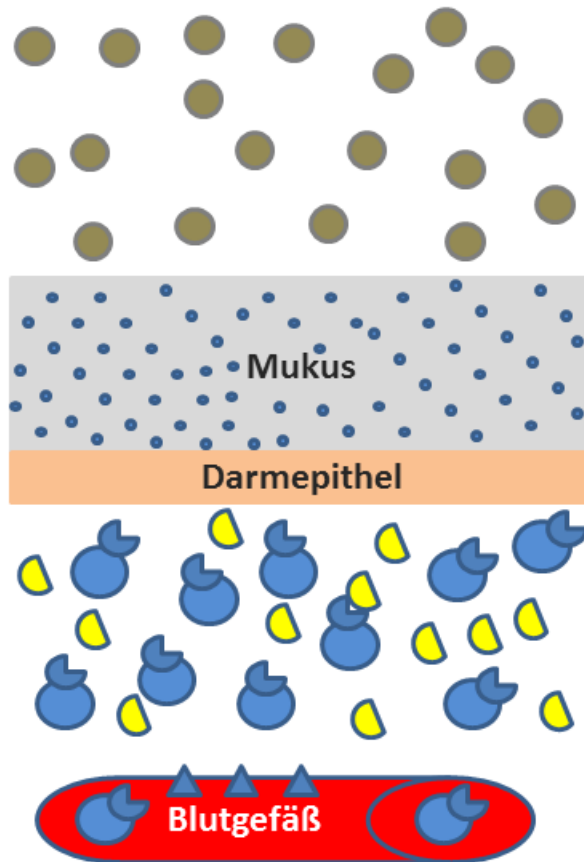


Regulation von hBD1 in der Cholestase



Defekte bei PSC/PBC in diesem System?

Zusammenfassung – chronisch entzündliche Darmerkrankungen



Modulation des Mikrobioms

Fremdstuhltransfer, Antibiotika (z.B. Rifaximin)
Probiotika (z.B. E. coli Nissle; VSL3#3)

Substitution der Barriere

Defensine?
Lecithin
Interleukin-22?


Stimulation der unspezifischen Immunantwort

E. coli Nissle
VSL3#3

Anti-Inflammatorische Therapie

Steroide, Azathioprin, Methotrexat
Anti-TNF-Antikörper
Anti-Integrin-Antikörper
Anti-IL12/IL23-Antikörper
Neuere Substanzen, siehe Tabelle 1.

- Bakterium
- Antimikrobielles Peptid
- ▲ Rezeptor zur Lymphozytenmigration
- Zelle der adaptiven Immunantwort
- Zytokin

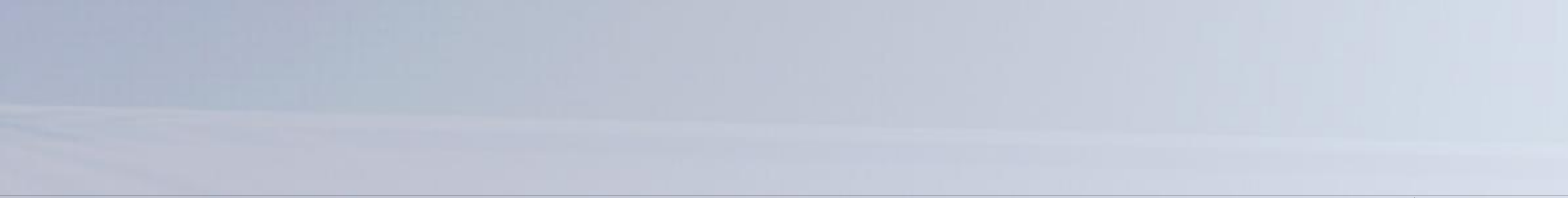


Universitätsklinikum Tübingen

**Kompetenz
mit Herz**

www.uniklinikum-tuebingen.de

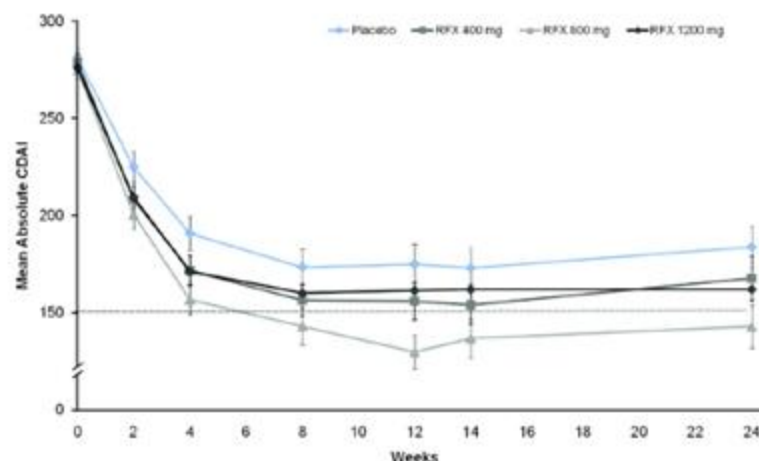
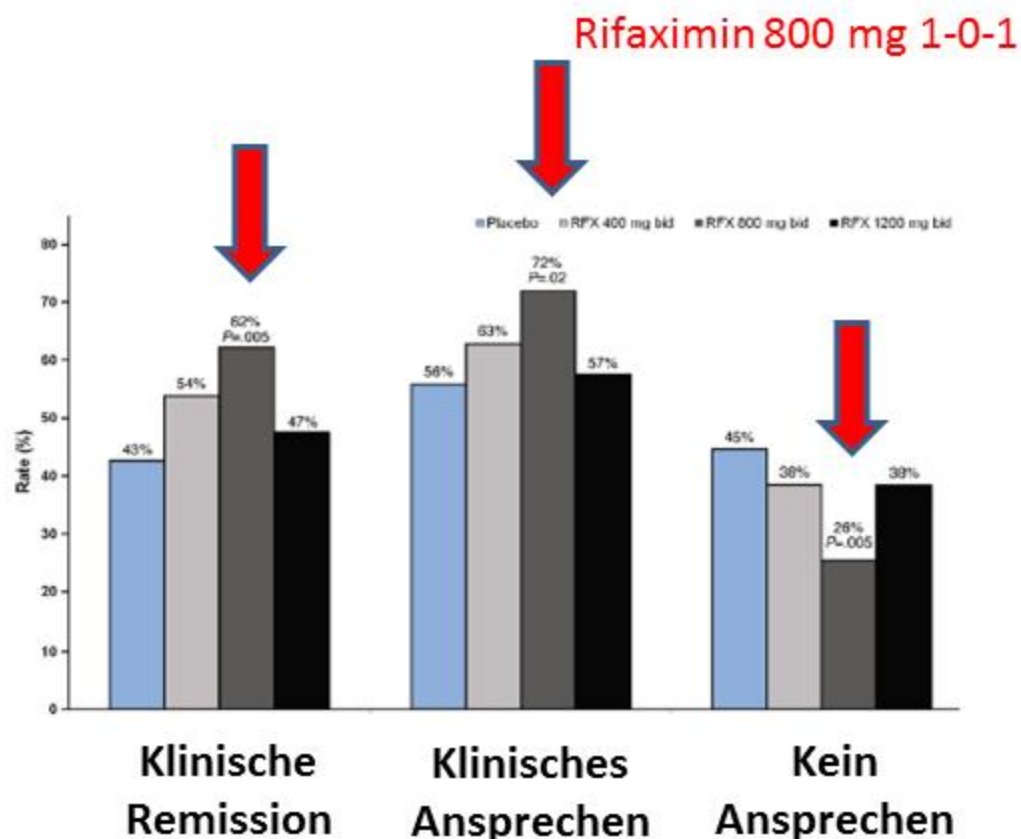
Vielen Dank
für Ihre Aufmerksamkeit!



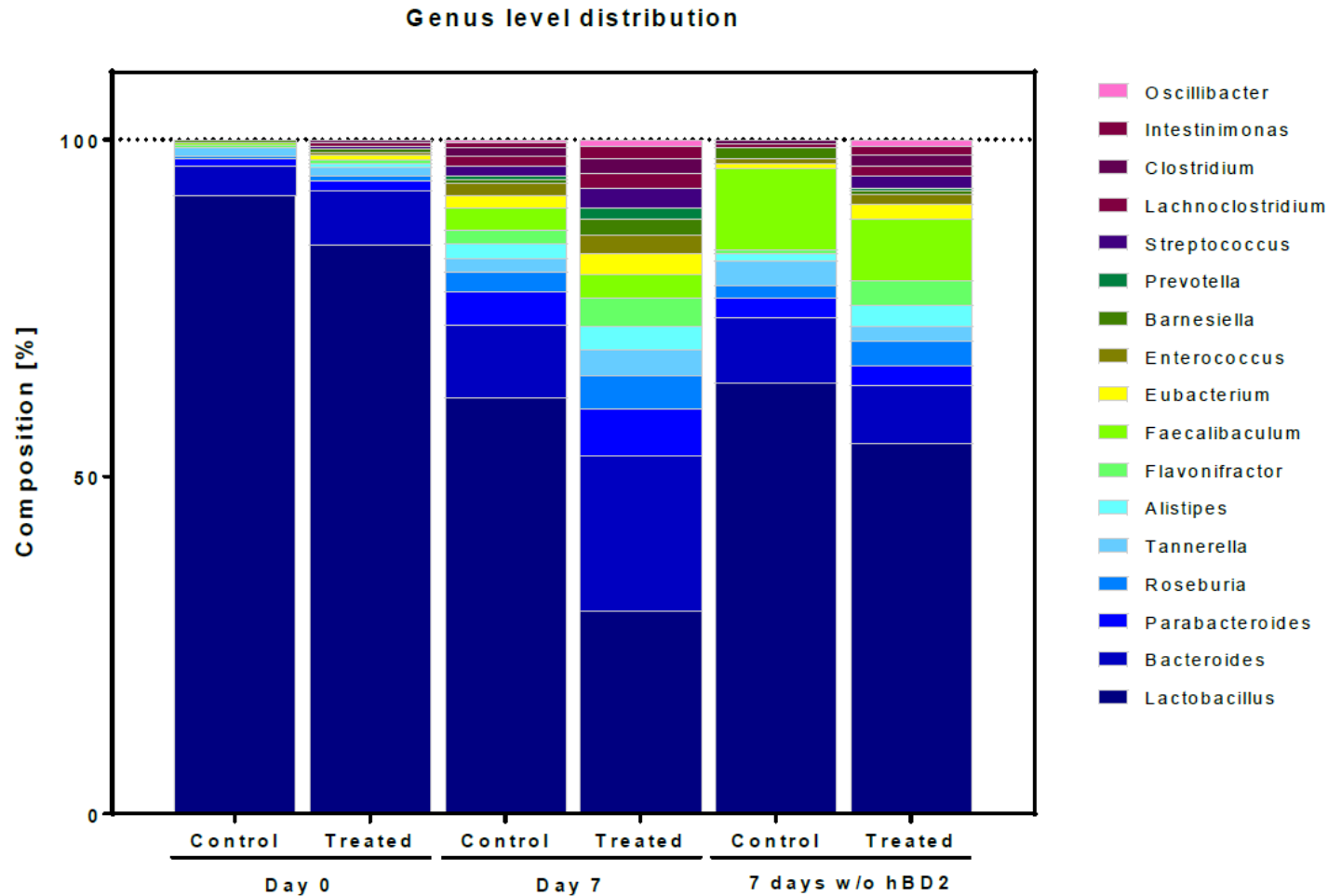
Rifaximin-Extended Intestinal Release Induces Remission in Patients With Moderately Active Crohn's Disease

COSIMO PRANTERA,* HERBERT LOCHS,† MARIA GRIMALDI,‡ SILVIO DANESE,§ MARIA LIA SCRIBANO,* and PAOLO GIONCHETTI,¶ on Behalf of the Retic Study Group (Rifaximin-Eir Treatment in Crohn's Disease)

*Gastroenterology Unit, San Camillo Forlanini Hospital, Rome, Italy; †Rektorat Medizinische Universität Innsbruck, Innsbruck, Austria; ‡Department of Clinical Research, Alfa Wassermann SpA, Bologna, Italy; §IBD Center, Department of Gastroenterology, Istituto Clinico Humanitas, Rozzano, Milan, Italy; ¶IBD Unit, Department of Clinical Medicine, S. Orsola-Malpighi Hospital, University of Bologna, Bologna, Italy



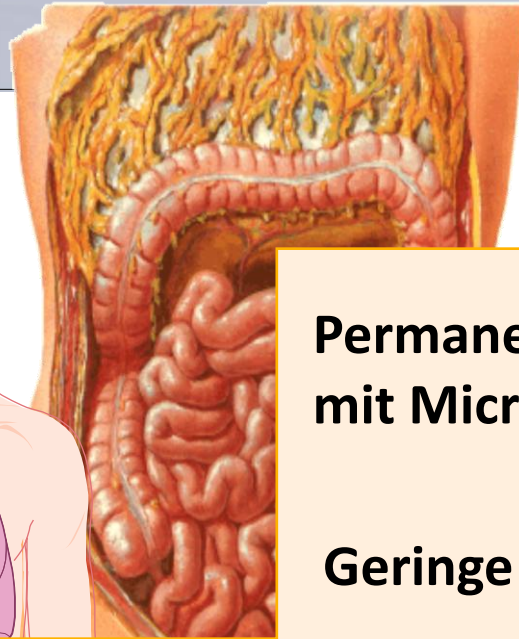
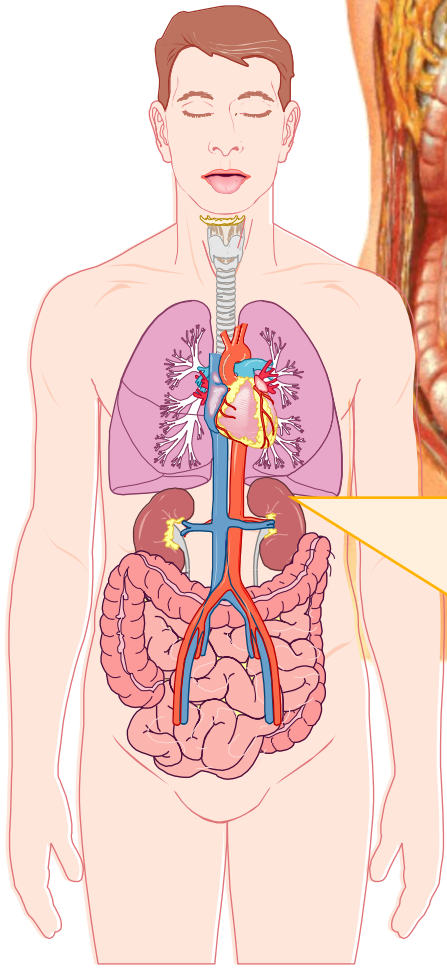
hBD2 verändert das Mikrobiom



Potent –short term-modification

Köninger et al AG Wehkamp
unpublished

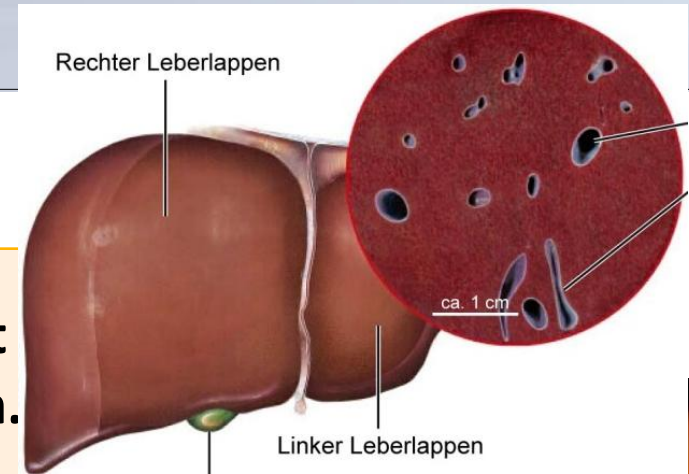
Von der Natur lernen- Schleimhäute des Menschen:



**Permanenter Kontakt
mit Microorganismen.**

Geringe Infektionsrate.

**Inflammation ist die
Ausnahme,
nicht die Regel!**



Effective mucosal defense strategies!