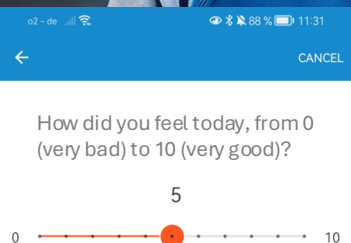






**Vulnerable reintegration phase with
various psychological, social
and school-related challenges**




Objectives

- Stabilization of treatment successes
- Prevention of crises and reduction of re-hospitalizations
- Improvement of cross-sectoral care
- Identification of protective factors and mechanisms for successful reintegration

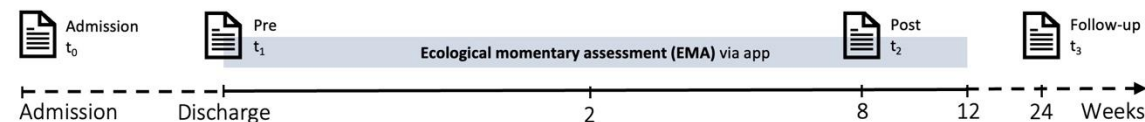
 www.medicin.uni-tuebingen.de/go/panda

 panda@med.uni-tuebingen.de

 070 71/29-62535



Study design



PANDA AFTERCARE



App

- Parents and children/adolescents
- Daily/weekly survey
 - Positive diary
 - Clinic emergency number
 - Messenger



Class teachers

- One-time survey
- Handbook
- Clinic emergency number
- Messenger



Phone call

- Study team with parents
- Participative planning aftercare appointment



- If required: therapist or clinic teacher with class teacher
- Use of app data



Aftercare appointment

- Therapists with family
- Use of app and phone call data



Cooperation

- Department of Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy (Prof. Dr. Tobias Renner, Prof. Dr. Annette Conzelmann, JProf. Dr. Johanna Löchner, Marlene von Fraunberg)
- Department of School Psychology (Prof. Dr. Caterina Gawrilow)
- Methods Center (Prof. Dr. Augustin Kelava)
- Department of Psychosomatic Medicine and Psychotherapy (Prof. Dr. Katrin Giel)
- Medical Data Integration Center (Christian Erhardt, Benjamin Sailer, Lars-Christian Achauer)

Funding

- Federal Ministry of Education and Research (BMBF) as part of the German Center for Mental Health (DZPG)
- Duration: 01.05.23 – 30.04.25 | Funding amount: 119.196€