



Telemedical interventions in outpatient psychotherapeutic practices (TIPP)

E-health Research in Psychotherapy

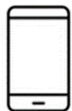
Evaluation of the acceptance and use of digital interventions (video therapy, apps, VR, sensor technology) by psychotherapists and patients



Digital cross-sectional survey via RedCap®



Sample: psychotherapists and patients



Core topics

- Satisfaction with telemedical interventions (video therapy)
- Use of digital psychotherapy applications (DiGAs)
- Therapeutic relationship in video therapy
- Technology affinity
- Technology acceptance



Study Duration: March – September 2023

Inclusion Criteria

Therapists

- License to practice as a psychotherapist (children and adolescents, adults, dual license)
- any specialization (VT/AP/TP/ST)
- Outpatient work in psychotherapeutic practice (scope/type irrelevant)
- Experience with video therapy (regardless of the number of sessions)
- Video sessions in the years 2020-2022
- German as mother tongue
- Place of residence Germany

Patients

- Participation from the age of 16
- Outpatient psychotherapy (regardless of type/duration of treatment)
- Any symptoms and diagnosis
- Treatment may still be ongoing
- Experience with therapy sessions as video therapy (regardless of the number of sessions)
- Video sessions in the years 2020-2022
- Taking medication is permitted
- German as mother tongue
- Place of residence Germany

Project Members

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For Interest or Questions:

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