

Dr. Nadine Skoluda

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Curriculum Vitae

BIOGRAPHICAL INFORMATION

Name: Dr. rer. nat. Dipl.-Psych. Nadine Skoluda

RESEARCH WORK EXPERIENCE

2017 – to date	Department of Psychiatry and Psychotherapy Medical Faculty, Eberhad Karls University Tübingen, Germany
2011 – 2016	Department of Psychology, University of Marburg, Marburg, Germany
2010 – 2011	Chair of Biopsychology, Dresden University of Technology, Department of Psychology, Dresden, Germany

AD HOC REVIEWER FOR PEER-REVIEWED JOURNALS

Biological Psychology, Journal of Science and Medicine Sports, PLOS ONE,
Psychoneuroendocrinology, Stress and Health

PUBLICATIONS

Manuscripts in peer-reviewed journals

Skoluda, N., La Marca, R., Gollwitzer, M., Müller, A., Limm, H., Marten-Mittag, B., Gündel, H., Angerer, P., Nater, U.M. (2017). Long-term stability of diurnal salivary cortisol and alpha-amylase secretion patterns. *Physiology & Behavior*, 175, 1-8.

Robinson, H., Ravikulan, A., Nater, U.M., **Skoluda, N.**, Jarrett, P., Broadbent, E. (2017). The Role of Social Closeness During Tape Stripping to Facilitate Skin Barrier Recovery: Preliminary Findings. *Health Psychology*.

Fischer, S., Nater, U.M., Strahler, J., **Skoluda, N.**, Dieterich, L., Oezcan, O., Mewes, R. (2017). Psychobiological impact of ethnic discrimination in Turkish immigrants living in Germany. *Stress*

Mewes, R., Reich, H., **Skoluda, N.**, Seele, F., Nater, U.M. (2017). Elevated hair cortisol concentrations in recently fled asylum seekers in comparison to permanently settled immigrants and non-immigrants. *Translational Psychiatry*, 7(7), e1051.

Strahler, J., Doerr, J.M., Ditzen, B., Linnemann, A., **Skoluda, N.**, & Nater, U.M. (2016). Physical activity buffers fatigue only under low-stress conditions. *Stress*, 19(5), 535-541.

Strahler, J., **Skoluda, N.**, Rohleder, N. & Nater, U.M. (2016). Dysregulated stress signal sensitivity and inflammatory disinhibition as a pathophysiological mechanism of chronic stress-related fatigue. *Neuroscience & Biobehavioral Reviews*, 68, 298-318.

Skoluda, N., Linnemann, A., & Nater, U. M. (2016). The role of week(end)-day and awakening time on cortisol and alpha-amylase awakening responses. *Stress*, 19(3), 333-338.

Doerr, J.M., Ditzen, B., Strahler, J., Linnemann, A., Ziemek, J., **Skoluda, N.**, Hoppmann, C.A., & Nater, U.M. (2015). Reciprocal relationship between acute stress and acute fatigue in everyday life in a sample of university students. *Biological Psychology*, 110, 42-49.

Yim, I.S., Quas, J.A., Rush, E.B., Granger, D.A., & **Skoluda, N.** (2015). Experimental manipulation of the Trier Social Stress Test-Modified (TSST-M) to vary arousal across development. *Psychoneuroendocrinology*, 57, 61-71.

Skoluda, N., Strahler, J., Schlotz, W., Niederberger, L., Marques, S., Fischer, S., Thoma, M.V., Spoerri, C., Ehlert, U., Nater, U.M. (2015). Intra-individual psychological and physiological responses to acute laboratory stressors of different intensity. *Psychoneuroendocrinology*, 51, 227-236.

Nater, U.M., **Skoluda, N.**, & Strahler, J. (2013). Biomarkers of stress in behavioral medicine. *Current Opinion in Psychiatry*, 26(5), 440-5.

Dettenborn, L., Muhtz, C., **Skoluda, N.**, Stalder, T., Steudte, S., Hinkelmann, K., et al. (2012). Introducing a novel method to assess cumulative steroid concentrations: increased hair cortisol concentrations over 6 months in medicated patients with depression. *Stress*, 15(3), 348-353.

Skoluda, N., Dettenborn, L., Stalder, T., & Kirschbaum, C. (2012). Elevated hair cortisol concentrations in endurance athletes. *Psychoneuroendocrinology*, 37(5), 611-617.

Stalder, T., Steudte, S., Miller, R., **Skoluda, N.**, Dettenborn, L., & Kirschbaum, C. (2012). Intraindividual stability of hair cortisol concentrations. *Psychoneuroendocrinology*, 37(5), 602-610.

Kirschbaum, C., Tietze, A., **Skoluda, N.**, & Dettenborn, L. (2009). Hair as a retrospective calendar of cortisol production-Increased cortisol incorporation into hair in the third trimester of pregnancy. *Psychoneuroendocrinology*, 34(1), 32-37.

Peer-reviewed book contributions

Nater, U.M., & **Skoluda, N.** (2013). Consequences of Developmental Stress in Humans: Adversity experienced during Childhood and Adolescence. In G. Laviola, & S. Macri (Eds.), (Mal)adaptive aspects of developmental stress (pp. 121-145). New York: Springer.

Skoluda, N., & Nater, U.M (2013). Consequences of Developmental Stress in Humans: Prenatal Stress. In G. Laviola, & S. Macri (Eds.), (Mal)adaptive aspects of developmental stress (pp. 147-171). New York: Springer.