



Alina Haupt, M.Sc., Psychologist  
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**Universitätsklinikum  
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### **Training / Career**

- 2009-2014: Studies in Psychology, B.Sc. and M.Sc. on the Neurobiology of Hypnosis (University of Tübingen)
- 2009: Semester abroad at the Universidad Católica de Buenos Aires, Argentina
- 2012-2013: Hypnotherapist Training (Milton-Erickson-Gesellschaft)
- 2012-2014: Couple Therapist Training (Europäische Akademie für Paartherapie)
- 2014-now: Executive Assistant in the Training of Couple Therapists (Europäische Akademie für Paartherapie)
- 2014-now: Psychotherapist Training in Depth Psychology (Zist Akademie, Penzberg)
- 2014-2015: Clinical work in the Department of Psychiatry and Psychotherapy (University Hospital Tuebingen) Schwerpunkt Depressionsbehandlung
- 2015-now: Nonmedical practitioner in Psychotherapy
- 2015-now: Research Associate in the Group „Psychophysiologie and Optical Imaging“ (Department of Psychiatry and Psychotherapy, University Hospital Tuebingen)

### **Stipends/Awards**

- 2012-2013: Participant at the interdisciplinary focus course of the Froum Scientiarum, University of Tuebingen ( "Language and Cognition")
- 2014: Young Talent Award in Hypnosis Research of the Milton-Erickson-Gesellschaft for the project „Neurobiologische und psychophysiologische Grundlagen der Hypnose im Vergleich zur angeleiteten Entspannung“

## Research Interests

- Psychophysiological correlates of hypnosis and relaxation
- Resting-State
- Psychophysiological Imaging (Electroencephalography, Near-infrared Spectroscopy, Heart rate variability)
- Neural correlates of therapeutic effects in depression

## Publications

Goldbeck, F., **Haupt, A.**, Rosenbaum, D., Rohe, T., Fallgatter, A. J., Hautzinger, M. & Ehlis, A.-C. (2019). The Positive Brain – Resting State Functional Connectivity in Highly Vital and Flourishing Individuals. *Frontiers in Human Neuroscience*, 12, 540.

**Haupt, A.**, Licht, K.-S., Dehnen, K., Deppermann, S., Fallgatter, A. J., Revenstorf, D. & Ehlis, A.-C. (2017). Ein psychophysiologischer Vergleich von hypnotischer Trance und Entspannung. Eine Pilotstudie. *Hypnose-ZHH*, 12(1+2), 115-140.

Rosenbaum, D., **Haupt, A.**, Fuhr, K., Haeussinger, F. B., Metzger, F. G., Nürk, H.-C., Fallgatter, A. J., Batra, A. & Ehlis, A.-C. (2017). Aberrant functional connectivity in depression as an index of state and trait rumination. *Scientific Reports*, 7(1), 2174.

## Poster

Tkaczynska, Z., **Haupt, A.** & Bausenhardt, K. M. (2012). Interaction of Space, Modality, and Time: The Multisensory Kappa Effect. Poster presented at the Time In Mental Activity: theoretical, behavioral, bioimaging and clinical perspectives (TIMELY) Workshop "Temporal Processing Within and Across Senses", Tübingen, Germany.